

The southeast asia union Messenger

July-August, 1979, M. C. (P) No. 488/1/79

JUNGLEBOOK Tales from Thailand



The intrepid feminine figure atop the panting pachyderm is Dr. Helen Morton, braving the dense jungles of Thailand to bring to its people her medical expertise. A retired pediatrician, she is training them in the simple procedures of health and preventive medicine.

Woman Doctor Braves Thailand's Jungles

by Dennis Tidwell

Living in villages often located many miles and hours away from rural government clinics that offer just the very basic medical care, disease and poor health plague Thailand's tribal people like an inherited trait. Their frequent aches and pains seem to them like the normal order of things. Because of the remote areas where they live and their impoverished existence, adequate medical care is a "luxury" known to few tribal people.

"How," we have asked ourselves

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"Wanna" Backpack? Try Thailand

by LeVerne Bissell

One of the most memorable experiences for student missionaries from the Adventist English School in Bangkok was their visit to a remote hill tribal village near Mae Sariang in northern Thailand. Life in the village continues much as it has for hundreds of years among the Karen tribal people.

It was my privilege sometime ago to spend a weekend in a Karen tribal village with 3 student missionaries, Vicky Fox (Atlantic Union College), Tammy Harbour (Loma Linda Uni-

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From Engines to Elephants!

by Kent Gregory

I remember well our first encounter with the village of Mae Tola in Thailand. Fresh from the manicured lawns of Loma Linda and full of plans for our mission service, my wife and I found ourselves plunked in a remote and forgotten corner of northwestern Thailand to live in an abandoned village.

Ahead of us, our guides thwacked through the year-old growth and settled us triumphantly on the top of a hill. Everywhere black,

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The Southeast Asia Union Messenger

Published bi-monthly as the official organ of the Southeast Asia Union Mission of Seventh-day Adventists, 251 Upper Serangoon Road, Singapore 133A.

Yearly Subscription Price \$2.50 (U.S.)

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1979, M. C. (PI No. 488/1/79)
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11, 12.

"Of Course I Want to Study the Bible!"

by Calvin Smith
SAUM Lay Activities Director



There is a tendency on the part of many church members to think that no one is really interested in studying the Bible. But my introductory six months to the Southeast Asia Union Mission has shown clearly that this is not true. Thousands are waiting to be taught. My first experience was with Pastor Sim Chor Kiat at the Dunman Road Church in Singapore. We divided into teams and went door-to-door with a simple religious-interest survey. The response was excellent. 40 regular Bible studies were soon established. In Sibul, Miri and Kuching the response was even better. In Kuching, 20 teams found 65 ready to study the Bible in one hour's time. Brother Andrew Chee and I worked for 2½ hours without finding one who refused the studies.

After preparing a survey tailored to the Thai Buddhists, 7 teams started out with a bit of trepidation in Chiangmai. It had been expressed that such a program would not work in Thailand. But 22 Bible studies were started in an hour's time, and several of those visited wanted to attend church. An afternoon at Ekamai resulted in 45 studies started in a middle-class area near the school. One family just over the mission wall asked, "How can we come to your church?" We found a most ready response in almost every home. This type of program had never been tried before in that area, and everyone involved was thrilled with the results. We also experienced an excellent response next to the Bangkok Adventist Hospital.

Then there was the SAUC Seminar sponsored by the Education Department of the Far Eastern Division. Singapore is normally considered a more difficult place to work, but several teams experienced nothing but success. My team was turned down only once by a very busy man who had no time at that moment.

"Of course I want to study the Bible," was the emphatic answer to a query by Pastor Bob Heisler, our Union President, that sums it all up. We almost missed that house, too, as time was at a premium during our education seminar in the Sabah Mission. We hadn't time to cover all the technical material relating to witnessing, but sharpening our weapons without going out to battle would have really been a waste of time. How happy we were we had found that tremendous interest along with dozens more, right around the campus of Sabah Adventist Secondary School.

Jesus said, "Lift up your eyes and look on the fields, for they are white, all ready to harvest." The harvest is ripe. But where are the reapers? They are in your church. Every member has been chosen

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With the General Conference President in Southeast Asia



Bangkok's Big Welcome to GC President Neal Wilson.



With YAH's new surgeon Joe Nozaki and Verna from California. The Nozakis have 3 small sons and were 7 years in faithful mission service in Paraguay.



Greeted by Anita Heisler at Singapore airport.



I've eaten durian before, but it's not my favourite!



Neal with YAH's Aunt Fox and Ivy Ng.



A match for any size is SAUC's Serena Gui.



With the gracious Soritons from Indonesia.



An astute statesman, Elder Wilson parries the Press's probes with aplomb.



All smiles as Ekamai damsels give the traditional greeting.



Neal seems to be applauding VOP's Wong Siew Fong with Linda Koh and FED's hosts the Clarks nearby.

by Jesus, not to sit, but to go and bear fruit. *John 15:16*

Thousands are waiting to be taught. Reason alone would tell us that intermittent, spasmodic effort will never finish the work. The Lord tells us there should be no delay in a well-planned attempt to educate the church members, and that every church should be a *training center*. This is why the goal of the Lay Activities department is an on-going, continuous witnessing class in every church, meeting every week, studying, praying and working together as an army to finish the task.

There are many in your neighborhood or territory who would also say, if given the opportunity, "OF COURSE I WANT TO STUDY THE BIBLE!"



A capacity crowd attends Sabbath service to hear Elder Wilson.



Menggatal Youth Activated

The Young People's Society of Menggatal Church, Sabah, after being dormant for a few years, is once again alive and active. Since the beginning of this year, the MV leader of the church, Brother Henry Liew, with the encouragement of the church pastor, Martin Yaang, had been busy conducting MV classes and carrying out witnessing programs.

On May 5 an Investiture service was held for more than 20 young people.

The Investiture service was a grand occasion for the Menggatal Church members. The Mission Youth director, Brother Jison Mun, brought the whole SASS Choir with him to Menggatal Church for the occasion and also invited Sabah Mission's new Development director, Pastor Helton Fisher, and his family to attend the Investiture. Elder Fisher and his family were very friendly to everyone, especially the young people. The Menggatal Church members were thrilled to hear several special songs and the "Angklung" renditions given by the SASS Choir led by Miss Linda Sibadogil. Pastor Fisher also delivered an inspiring message for the



Beautiful "angklung" renditions by the SASS choir were led by Linda Sibadogil (front left). At right 5 poisonous fruits are shown by a youth.

young people that morning and later helped in presenting the pins. Thank the Lord for such dedication and encouragement. — Jison Mun

Camporee Commended for "Clean-up" Campaign

212 Pathfinders and their leaders enjoyed a week-long Sabah-wide camporee held at the National Park in Poring, Ranau, in April of this year. Present was Pastor Bernie Donato, Youth director of Southeast Asia Union Mission and Camporee director Jison Mun, ably assisted by 6 staff members.

The Pathfinders, coming from many directions and converging at the National Park, started having the thrill of their lives as their buses and pickups passed over wide, newly-constructed highways that snaked their way along the steep sides of precipitous mountains. Along most of the way, the campers could see the lovely top of Mount Kinabalu, the highest mountain peak in Southeast Asia.

The camp activities kept everybody always on the alert. One of the highlights was the "gotong royong", or community service, carried out by 70 of the older Pathfinders. The community service involved cleaning up the town of Ranau. All the 70 Pathfinders wore T-shirts with the words "Youth in Action" printed on them.



"Happy housework"? is cleaning up the town!

The "gotong royong" began with a simple opening ceremony held at the Ranau Government Rest House. The District Officer of Ranau, Mr. Sari Suhut, spoke during the ceremony commending the Seventh-day Adventist church for having an entire youth organization and for providing its youth with useful activities. The Pathfinders indeed witnessed to the people of Ranau as they marched around the town with their brooms, leaving the place cleaner and prettier than when they had arrived. "Cleanliness is next to godliness" may be an old proverb, but it took on new meaning that day for the Pathfinders.



Amy Kula

Richard Kilus

Sabah Staff Increases

Amy Kula is clerical assistant to Miss Kong, the cashier, since April. She is the wife of Pastor Mansor Ginging, the Sabbath School, Lay Activities and Child Evangelism director of the Sabah Mission.

Richard Kilus, who joined the staff in May, is interning for a few months before proceeding to the Southeast Asia Union office in Singapore for a similar attachment

for about a year. He will then return to his native Sabah to take up permanent employment in the Sabah Mission. Richard is 26 and is a B.Sc. Commerce graduate of Philippine Union College after being a student of Southeast Asia Union College, Singapore, in 1974.—*Jison Mun*

Camporee Strengthens Faith and Fellowship

More than 60 youth from churches in the Kapa and Mantub areas of Sabah attended a weekend Pathfinder Camporee organized jointly by the Pathfinder Directors of Kapa Church, Pastor Sambuling Lajanin, and Mantub Church, Pastor Malakin Gundiar. The 3-day Camporee last fall was held at Montolongis, a beautiful mountain valley. The campsite itself was situated near a lovely rocky stream. Although it rained late in the afternoons disrupting the camp's program, the campers' spirits were not "dampened". They regarded all this as part of the fun of outdoor life.

The Mission's Youth Director, Jison Mun, joined the camp and led in some of the games, nature study and Sabbath services.

After the sermon, a young guitarist came to Jison Mun and told him that he was thankful he came to the camporee. The sermon about the proof of God's existence through nature had given him courage to remain faithful to God.

Before the Camporee was officially closed, the camper had time to join hands together singing the song, "we are one in the Spirit". As they shook hands with one another many eyes were wet with tears and everyone agreed that the camp had provided them opportunity to meet more friends and also to strengthen their faith in God.—*Sambuling Lajanin*



SARAWAK



A roving philanthropist Californian, Al Elliot is remembered by his former pastor, FED's Bob Grady as being "large-hearted" for every worthy cause. After his wife's death some years ago, he continued solo, to give of himself and his funds to mission needs here.

Aki—Sarawak's Sugar Daddy

"Years ago I promised God I would give every dollar possible to His work." These words were spoken by Al Elliot who has provided money for over 50 jungle chapels and lambshelters as well as other mission projects.

Al is not a wealthy man. He worked as a rug cleaner before his retirement. He tells how he has had money for his projects. "I try to save every cent I can. I seldom buy anything for myself. In fact, during the winter I don't even heat the house so I can give more to the mission."

In 1973 he made his 1st trip to the Far East. His winning smile and bubbling sense of humor quickly captured the hearts of young and old alike. "I saw all these precious people with no place to worship God." And so Al decided to do something about it.

Before leaving the USA on what he calls his "last trip" to the Far East he cashed in his life insurance policy so he would have \$15,000 more for the work. At the end of his 7-country tour of the mission fields he had given the entire sum to special projects.

With grateful hearts we say "thank you" to Grandpa Elliot for what he has done for the work in the Far East. His example in unselfish giving is undoubtedly the spirit that will receive the "Well done" from the Saviour.—*Paull Dixon*

Dawn Disperses Darkness

The sun had just set over the horizon, leaving in its trail golden colors. Everywhere around Sterus village was silence, except for the whispering coconut leaves blown by the breeze. As darkness deepened into night, the villagers began to lay their fatigued bodies down for a night's rest.

Suddenly, rustling sounds were heard simultaneously all around the village. Unseen hands seemed to break the brittle attap walls, as if trying to force entry into the longhouse. By now, the whole community was on the alert.

"Ghost!" someone shouted, "The evil ones are trying to disturb us again."

"What has brought the evil ones here?" demanded an old wise man, much worried and depressed. Deep frowning lines betrayed his worry and fatigue.

"Maybe it's because of a bird that flew right into the longhouse," someone suggested.

"What bird?" an old man de-

Woman Dr. ← 1



Dr. Helen Morton checks a supine patient.

over the years, "can we best minister to the medical needs of these people?" After a brief medical visit to a Maew tribal village near Thailand's border with Laos three years ago, Dr. Helen Morton began asking the same question. After recovering from months of illness, she felt led by the Holy Spirit to return to Thailand. We are very pleased that Dr. Morton recently arrived to help meet this long-standing need of the tribal people who inhabit the mountains of north-



ern Thailand.

With the rains having come, the mountain trails are now muddy and treacherous. Dr. Morton is using this time to study the Thai language and is also preparing to take her Thai medical boards. Though her itinerating is still in the future, Dr. Morton did find the opportunity to make several preliminary trips before beginning language study. The wide variety of diseases she was able to treat in the short time

we were in each village was encouraging. The villagers were very enthusiastic with the prospect of future visits by the doctor and left us in no doubt that she is welcome back as often as she can come.

The details of Dr. Morton's program are still not final, but the broad outline is taking shape. With Chiang Mai as her headquarters she will make frequent trips with an assistant—hopefully a nurse—to the various tribal groups with



Mothers and children find a sympathetic doctor in Pediatrician Helen Morton.

which our church is working. These groups currently include White Maew, Blue Maew, Sgaw Karen, Pwo Karen, Bwae Karen and Muser, with many more tribal groups still to be entered. To reach these areas Dr. Morton will need to travel by diverse forms of transportation. They will include commercial airplane, bus, pickup truck, long-tailed river boat, 4-wheel drive vehicle, motorcycle, taxi, elephant and foot!

Another aspect of Dr. Morton's medical ministry will be to train tribal people to perform simple medical procedures and to treat certain basic illnesses. With assistants in each village, the follow-up and continuity of this program initiated by the doctor, will be strengthened. The training program will most likely take place during the rainy season when travel in the

mountains is too difficult.

This medical ministry will basically be self-supporting because Dr. Morton, a retired pediatrician, will pay all her personal expenses as she has volunteered her services to the tribal people. However, this will not cover the cost of hiring an assistant and transportation of personnel, supplies and equipment to and from each village. Nor will it cover the cost of medicines, equipment and other numerous incidental expenses. The tribal work will have to pick up the tab! Wherever possible, though, the villagers will be asked to pay the cost of the medicines they receive. We believe the best long-term benefit will be gained when the villagers can take pride in paying for their own needs, thus preserving their independence and self-esteem. We are always happy to accept their handicrafts or produce in place of money. However, we know in case after case we will need to subsidize if not pay the entire cost of the medicines they require.

Dr. Morton will need strength, courage and vision from the Master Physician as she lays plans for her Mountain Medical Ministry in the jungles of Thailand's tribal people. Please remember these needs in your daily prayers.—Dennis Tidwell



"Wanna" backpack ← 1

versity) and Rosemary Buck (Walla Walla College) and their school administrator, Pastor Arthur Bell and his wife Vi. Pastor Dennis Tidwell who heads the Karen tribal work, and a sister of another pastor, served as our guides. Each of us backpacked with changes of clothing, a sleeping bag, water, a little food, camera equipment, and other needs for two hours along a mountain stream and over a rough mountain trail to reach the village.

As we neared the village, strange sounds echoed and re-echoed from hillside to hillside. Guides told us that lone villagers were blowing their water buffalo-horn trumpets to encourage each other as they guarded their ripening padi (rice) fields from hungry birds and wild pigs.

The first question of the SMs after arriving in the village was, "Where do we bathe?" There were no showers or even bathrooms in the whole village, but there was a mountain stream nearby with running water flowing from bamboo pipes and bathing places for men and women. Soon Vicky, Tammy and Rosie were experiencing the exhilarating effects of their first Karen shower.

Backpackers Dr. Bissell, Dennis Tidwell, Rosie, Vi, Tammy and Vicky "take a breather" on the trail with their Karen guides.



Ekamai's Art & Vi Bell, Dennis Tidwell, Tammy Harbour, Rosie Buck and Karen tribal guide enjoy supper native style. . . a meal on a mat that's "finger-licking" good!

After bathing we gathered for our Friday evening meal in one of the village homes. Mats on the floor were provided for the comfort of guests and fingers substituted very well for forks and spoons. The traditional meal consisted of rice with a vegetable or two seasoned with plenty of hot pepper.

Worship with our members on Sabbath morning was the highlight of the visit. Student missionaries taught village children and parents new songs, and led in the Sabbath School program. Although language was a communication barrier, nothing could dampen the deep sense of unity in Christ between villagers and visitors. This is indeed one of the miracles of the Gospel. Villagers were very happy for the rare opportunity of worshipping with foreign guests.

Sabbath dinner brought its share of surprises. Before the meal was finished where we had been invited, the voice of a neighbor just outside sounded, "Ome! Ome!" (Ohmay! Ohmay!) ("Come! Come to my house to eat!") Village church members were not satisfied until all visitors had eaten in each of their homes. So, in order not to offend generous Karen hospitality, we ate dinner by installments with a few mouthfuls of rice and vegetables in

each of the 5 or 6 homes.

Early Sunday morning we loaded our backpacks again for the 2-hour hike and an hour's drive back to civilization. It was with new understanding and deeper appreciation for the unique culture that Vicky, Tammy and Rosie returned to their teaching duties in Bangkok. More thrilling than these new insights, however, was the realization that the Gospel of Jesus Christ unites hearts in bonds of love and understanding that transcends levels of modernization, language, race, and culture. — *LeVerne Bissell, Ph.D.*

Engines to Elephants ← 1

decaying bamboo houses gaped at us through an ornamentation of ill-hung gourds. We looked nervously about at the jungle that had clamped itself around the dead settlement with a forbidding finality. A man who looked as if he might be a spokesman smiled winningly. Didn't we find it pleasant?

"Very," I answered. I glanced at my wife. She was sitting down with her eyes shut.

Thus we were introduced to mission life. When a train of elephants emerged from the jungle some months later and our goods were dumped in front of our wobbly leaf-and-bamboo home, we experienced a sensation of being strangely adrift from the world. →

U-Haul we recognized, but *elephants?*

The Thailand Mission, which we were serving on a volunteer basis, had assigned us to the Pwo Karen tribe. There were four of us on the program: Miss Ruth, a nurse; Phu Tamu, an educator; and my wife and I, public-health personnel. What we wanted to do was find truly indigenous ways of beginning a permanent tribal movement for Christian development. With the many plans we had, we did not recognize how deep into the experience of intellectual poverty and helplessness such an ideology would take us nor how much we would have to depend on the good will of our animistic tribal society in order to fulfill that goal.

Our lack of tribal knowledge was enormous. None of us understood the language. Because it is pre-literate, we would have to learn it without the aid of books, dictionaries, or grammars. We scarcely understood how to live in an environment that seemed mysterious and hostile. There was only one thing to do if we were to survive—become involved with the people and hope that they would teach us.



Kent and Brigen Gregory's HQ near Mae Tola, Thailand.

We worked hard those first months. The crumbling old village had to be cleared, and we needed more permanent housing to withstand the torrential rains of the monsoon winds. Ever expert and



The Kent Gregorys and Loma Linda U.'s gift to them!

adept in the lore of jungle living, the Mae Tola population came over from their nearby settlement to help. I had delusions of directing the work, but the moment a foot-long knife fell into my unaccustomed hands, I was betrayed. It didn't work. In the end, I gave up and recognized my inferiority.

In July, 1978, six months after the first string of elephants heralded our intention to establish ourselves among the Pwo Karen, we began our first tentative development programs. By this time we had a greater ability to speak the language, and knew virtually every member of our village. Our nurse, Ruth, had been providing essential health services to the malaria-ravaged local population, and we felt we had the friendship basis on which real development leans. Several other villages within a five-hour hiking radius had been watching the growing interaction between our clearing and Mae Tola and wanted equal opportunity.

So on a rainy day that July we loaded our backs with clinic supplies and began service specifically designed to meet maternal- and child-health needs. This has developed into bi-monthly trips involving several nights in villages that are becoming increasingly open to us.

One of our great needs here is for transportation. We do *not* need

a jeep, an airplane, or even a horse. The only dependable means of transportation is the *elephant*. It is becoming increasingly difficult to carry all our equipment on our backs for our bi-monthly village clinics, and local elephants are not always available for hire. During portions of the year, especially during the rainy season, they are hired out to carry rice from town to the Burmese border. It seems incredible that people still depend on elephants, but we do!*

Another program we began involved agrarian reform. In an area where acute food shortages occur every year, the sigh of hunger is often heard. Working through family structures, which observation has taught us to be an essential feature of permanence, we are beginning to overturn in small ways the yearly uncertainty about food.

What does it take to get real Christian development going? Programs? No! Plans and projects have a proper sphere in the development of people, but they can never substitute for true interdependence. One ought to know, look forward to, and celebrate that unorthodox saying of Jesus', "'Blessed are you poor, for yours is the kingdom of God'" (Luke 6:20, R.S.V.). Authoritative and axiomatic, it declares that anything lasting is obtainable only through a genuine feeling of helplessness. It is the first of several lessons our ongoing intimacy with animistic people has taught us.

We as Christians should welcome the experience that makes us so vulnerable to others that we become co-searchers under the influence of God. Real Christian development does not happen unless Christian and animist, Christian and Buddhist, Christian and atheist feel they can depend on each other for a truthful search that inspires the growth of both.



W. MALAYSIA-SINGAPORE

SAUM HOSPITALS & HEALTH NEWS



Publishing leaders inspire young literature evangelists at Ipoh.

LEs Inspired at Ipoh

Ipoh, West Malaysia, is best known for its mining of tin ore. It is also well-known for the large pomelo fruit that grow in abundance in the area. But last April it became an important place for the publishing work of the West Malaysia-Singapore Mission.

It was during this time that a Literature Evangelist Training School was held in Ipoh. 17 dedicated individuals were there to receive instructions and encouragement from their leaders and church pastors.

A large number of the new litera-



These children tell it all.

ture evangelists will be working with the Tamil-speaking people. This is the first time the mission has tried to develop the work with the Indian population. We wish these new literature evangelists God's blessings as they enter this soul-winning work.

—Ray A. Ammon

"Year of the Child"

Due to the need of the local church and in accordance with the "International Year of the Child" emphasis on the mission, a child evangelism workshop was conducted by Mrs. Doreen Ng of the West Malaysia-Singapore Mission at the Seremban Church during the month of April.

Attending the workshop were children, Sabbath School teachers and young people who were eager to use their talents in leading the children to the Lord. Church Pastor Jansen Loh encouraged many young people to attend the workshop.

At its close, the young people surmised, with the help of the Lord, to carry on the children's Sabbath School Program in a strong way and to conduct a Vacation Bible School in response to the challenge given. Let us remember them in our prayers.—Jonathan Ng



Southeast Asia Union College and Youngberg Adventist Hospital spearheaded the health thrust at Whampoa Community Center.

Health Seminar Stirs Community

The idea of approaching the People's Association to seek permission to provide the community centre with Health Education was embarked upon by Wes Amundson, Wee Hun Been, Chong Kum Fatt and Samuel Teo.

One year later—after many negotiation sessions with the People's Association, the Family Health and You Seminar was launched. It was jointly organized by the Management Committee of Whampoa Community Centre and Youngberg Adventist Hospital, Adventist Better Living Centre and Southeast Asia Union College from May 1979.

Dr. Baldev Singh of YAH discusses **More** —> 10, 2nd Column



A great asset to YAH is Dr. Baldev Singh, seen here with his sweet wife.

Officers' Camp Promotes Pathfinder Progress

30 Pathfinder officers of the West Malaysia region gathered at Port Dickson during the April holidays for fellowship and instructions by Pastor Jonathan Ng and Pastor Joshua Mok, Youth Director and Lay Activities director of the West Malaysia and Singapore Mission respectively.

While in Port Dickson, the Pathfinders met a group of Boy Scouts who were camping at a nearby campsite. A visit to the Boy Scout camp helped our youth leaders catch a wider vision of leadership challenge among Malaysian youth.

This camp has helped to bring about a closer relationship among our Pathfinder officers at the local churches and a more unified program for our young people that through Pathfinding activities they can tell the community the *Good News* of our *Lord Jesus*.

At the present moment, there are 12 Pathfinder clubs in the mission with a total membership of 300 Pathfinders. Praise the Lord for what the young people are doing through the activities of this club.
—Jonathan Ng



WMSM's happy Pathfinders at Port Dickson.



Community lecturers SAUC's Drs. Wong Yew Chong, Lily and Samuel Teo promote "Responsible Parenthood". At right is the appreciation plaque from Whampoa Community Center.

ed in his opening speech the factors surrounding and promoting optimal child health with slides taken of locally abused children.

SAUC's Health director Samuel Teo created a great deal of interest among the audience when he plainly and tactfully recommended the need for Singaporeans to use more meatless meals. He said that the problem in Singapore is not the inadequate supply of food but rather the correct choice of food from the bulging shelves of markets and supermarkets.

Drs. Wong—Yew Chong and Lily—strongly emphasized that parenting is a skill which must be developed. They analyzed the inter-relationship of parents and children to show how family crises developed and suggested many useful solutions. The best thought in responsible

parenthood is that "Parenting is a privilege and not a right". In other words, do not become a parent just because one has the urge or has reached the state of biological maturity to procreate.

Dr. Nelson Grosboll, a visiting surgeon, convinced the audience that the factors promoting high risk of diabetes, cancer and heart attacks can be reduced to a minimum by a new lifestyle. He was very positive in his recommendation as he encouraged the people to exercise in open air, eat more fruits and vegetables, take sufficient rest and drink plenty of water.

Professor Fred Long, a senior psychologist with the Ministry of Health, gave a very lively lecture on mental health as strongly associated with social and moral issues in the family and the society. The idea of



Chairperson Mrs. Doraisamy registers the Center's appreciation for the SDA health services (right) YAH's Drs. Grosboll and (left) Parchment.

mind over body and vice-versa was quickly brought home by the famous "lemon test" in which a fresh cut lemon made everyone's mouth water was discussed and the audience was enlightened on how they could avoid mental illness.

The most delightful evening was the last night when the nutritious High Protein Multi-Grain buns were freely distributed to the participants. Each bun was made from 100% whole wheat flour, wheat protein, margarine, brown sugar, soya flour, oats, yeast and salt.

Then, Dr. Alwin Parchment of YAH advised how one can grow old gracefully by getting involved in wholesome activities. Growing old as part of life was emphasized and once the nature is understood then one can reduce friction and keep on growing older without fear.

Dr. Grosboll introduced nutrition schemes for the elderly to keep active and safe from premature death. Overhead projection was used in his discourse of old age diseases, particularly heart disease. He highly recommended to the aged the use of fruits, vegetables, grain and nuts, free from the use of grease, oil or spices. He added that with exercise and temperance (no smoking, alcohol, drugs, and other harmful stimulants) and enough sleep and peace of mind, this was the best form of conditioning program for the golden years. However, the preparation for the golden years should begin on the day of conception!

A set of books, "You and Your Health" was presented to the Whampoa Community Centre and a similar set to the People's Association. In appreciation for our services, the community centre presented us with a beautiful engraved souvenir plaque. — *Samuel Teo*



Above: Dr. Samuel DeShay from the General Conference is the main speaker at the Far Eastern Division's Health Department meetings. Center: BAH's Medical Director, Dr. Russell Standish. Right: FED's Medical Director Doctor Dunbar Smith and Kathryn, and YMAH's Chief of Staff, Dr. Al Parchment and Jill dine together.



Also at the Medical Department lunch are Haadyai's Drs. Victor and Mercy Lynn J. Seralde and children (right) and Administrator Willie Donato, Ana Fe and little Wilanne (below right) and (below) Phuket's Torcuato Bilonos and Rhodena who are moving to Bangkok Adventist Hospital.



At YMAH's Nurses' Seminar are FED's Wilma Leazer (left), Dameria Rejab, PAH's Judith Newman and Dr. Alice White, speaker.

Penang's Drs. Sam and Effie Jean Ketting.



Former YMAH surgeon Dr. Peterson and wife revisit with mutual joy.

Give Out V.O.P. Cards

Dawn ← 5

manded.

"A Kingfisher," a young mother whispered.

"A Kingfisher? Ah ha! that surely brings with it bad omens that mean the devil is angry and demands human lives," he said with an authoritative voice.

A chill went up and down the spine of each villager as they heard the verdict. "Who is the victim?" was the question in each mind. Who could it be? There was no definite answer except for the rustling attap roofs, the tapping on wooden walls — sounds made by the evil one? It seemed strange for in the presence of the evil one even nature seemed to whisper in a low and eerie voice.

"Why don't we call the Adventists from Stulan?" someone suggested. "Their prayers have always proved effective over bad omens brought by the birds, snakes, alligators and other animals," a frightened old lady added, her face pale with much anxiety.

"Very well! Why don't we deal with the devil on our own terms? We can sacrifice chickens, pigs and goats to make peace with the evil one," suggested the old wise man with a sinister smile on his face.

The peace ceremony was performed, sacrifices were offered, but the devils were not satisfied. A young woman was heard screaming when she saw a thick, dark hairy hand reaching out for her. The whole village dared not sleep in their rooms that night but were in the common veranda or "ruai".

Dawn brought relief to everyone and that day, Chief Ngalang from Stulan (an Adventist village) was invited to pray for the village. God, in His mercy, answered the prayer for the devil dared not disturb them the next night.

Another strange thing also happened. Nearly all those who were



Chief Ngalang of the SDA village of Stulan has seen God work many miracles for them.



MAKE YOUR 13th SABBATH OFFERING September 29 A BIG ONE is the plea from Southern Asia's over 700 million judgement bound souls who are OUR NEIGHBOURS in NEARNESS and in NEED!

not Christians (SDA) became sick, one after another, but the Adventists were spared. Again Chief Ngalang was asked to pray for the villagers. This time, he appealed that they should all become Christians and be freed from the devil's control. They listened to the appeal and the voice of the Holy Spirit and the whole village became Christians and gave their hearts to Jesus.

Dawn has broken in the lives of these people as they feel the darkness of superstition being driven out and the light of Jesus' righteousness and love flooding their souls.—Edmund M. Liah, Youth Director



US Ambassador Richard Kneip visited an SDA Academy in Singapore and enjoyed the friendly barrage of his teenage questioners.



SDA Aid to Vietnamese "boat people" in medical clinics continue. Resettled refugees write their appreciation from other countries.



Southern Missionary College Symphony Orchestra under Conductor Gilbert charmed Singapore audiences and enjoyed a banquet by Irene McEachren and friends at SAU College.

