



the
clocktower



MONEY ON OUR MINDS

“Unfortunately for you, it’s the end of the month, and your wallet only holds the memories of the paycheck from the first of the month.”

STORY ON PAGE 4



INSIDE THIS ISSUE

..... Changing fast food, page 3

#AlexFromTarget, page 6

The peoples pope, page 8





*Miguel "Mikey" Archibeque
senior theology major*

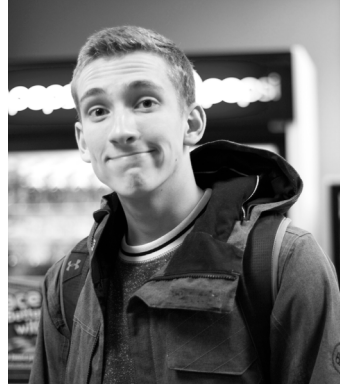
"I'm passionate about singing and leading worship. That is my favorite thing to do above all else. I also love to speak up front and share about Jesus that way. I want to take people where they can connect with Christ on a intimate level. To fuel my passion, I sing and lead worship a lot. I'm a theology major and have two churches right now, so I get to do a lot of what I love."

"Well, this one winter afternoon I was driving through Ohio with my girlfriend. It had been snowing all day, and suddenly it got really windy, like 40 mph or something crazy like that.

"Snowdrifts started blowing over the road and we saw a semi-truck jackknife into a ditch. As we looked at the semi, we saw a black car had also crashed. There was a guy lying on the ground, and it looked like he was under the car, so we pulled over to see if we could help.

"I asked his name and started to do a medical evaluation. I had him move his fingers and stuff and got him talking, and we got a blanket because I knew he was in danger of hypothermia. It took forever to get signal to call 911 because we were in the middle of nowhere, but the firetrucks finally came and I was so happy to see the guy finally get rescued.

"I don't know what happened to him, but that was the most heroic thing I've ever done."



*Austin Leddy
sophomore IRR major*

*Humans of Union College is
compiled by Chelsea Aguilera.*



NIGEL SUMERLIN

Changing fast food one burrito at a time

McMove aside, Taco Bell

“Don’t eat the meat,” Brandon warned me.

My cousin, Brandon Sumerlin, had just started working at Burger King. He had discovered (to his dismay) that what had seemed like crispy chicken was in fact a sludge of pulverized meat delivered in bags and squeezed onto a grill like pancake batter.

This shocking revelation was my first exposure to the truth behind the flashy menus and deceptive advertisements that is the fast food industry. Abhorrent treatment of animals, low health standards and appalling customer service have become characteristic of fast food restaurants as they cut corners to maximize profits.

McDonalds pioneered the fast food industry in the 1950s, beginning a movement that transformed fast food from small independent food stands to the streamlined profit-harvesting corporations we see today.

Within decades, a plethora of fast food chains had followed in McDonald’s footsteps, utilizing simple menus, assembly line methods for food production, cheap

ingredients and low quality service to churn massive profits.

To wring out those high profits, fast food restaurants source their meats from factory farms who treat animals in a gut-wrenching fashion. From cramped living quarters to growth hormones and antibiotics, the inhumane treatment of these animals is harmful both to the animals and to the humans who consume them.

Recently a new class of restaurant, the “fast-casual” has entered the scene. Noodles and Company, Panera Bread, and Chipotle are among the restaurants that are leading the campaign to change how people view fast food by using high-quality ingredients and cooking techniques to make good food available at reasonable prices.

An example of this new trend is Chipotle’s “Food With Integrity” program, which the Chipotle website defines as their “commitment to finding the very best ingredients raised with respect for the animals, the environment and the farmers.” This means they will

continued on page 5



NAOMI PRASAD

Money on our minds

Your wallet may start staying fatter, longer

It's another late night and your friends are inviting you on a quick run to DeLeon's. Unfortunately for you, it's the end of the month, and your wallet only holds the memories of the paycheck from the first of the month. You tell your friends that you have to study to save face and wonder why Union, unlike many other institutions, pays monthly instead of bi-monthly.

Getting paid the first of the month is helpful in that you can pay bill right off the bat. You can get stocked for food and gas for the next two weeks. Getting your paycheck on the first makes your paycheck look fat.

But for students who have bills to pay, that money goes away fast. You can't really budget out the whole month because in college, nothing is always the same. One week your friends may convince you to go out to eat five times in a row, or you get bed bugs and now you have to have use more money for laundry, or you forgot to cancel your subscription to Amazon Prime and now you have to pay up.

At the end of last year, Anjuli Lake, a recent Union grad, had proposed that

students get paid bi-weekly instead of monthly. Senate has reopened this idea and is digging deeper to scope out their options.

Another idea that has come up during the meetings is to provide summer storage for students. Last year I had accumulated so much clutter throughout the year that I had to buy a storage unit for myself that I quickly filled up with the help of my friends.

Union's WiFi is another hot topic for Senate this semester. Maybe it's time to switch to a new internet dealer? "Putting up the Clocktower online was suppose to take two hours on the internet took me three and half hours on the internet. I turned the internet off and on five times an hour to get it to work," business and communications major Brittany Houchins frustratedly explained.

There are many more ideas being brought up in senate, but there are no promises that all of Union's problems will be solved through Senate. It's a matter of how passionate the senators feel about those idea and how realistic it is to change these ideas that a change will come.

“Changing fast food” cont. from page 3

use meat only from animals “raised in a humane way, fed a vegetarian diet, never given hormones and allowed to display their natural tendencies.” To ensure this, Chipotle acquires its meat exclusively from naturally raised and free-range chickens, cows, and pigs.

.....

By buying locally, Chipotle can be confident that their food is fresh and that they are creating a higher demand for family-farmed produce and meat.

.....

Chipotle also reduces its environmental impact by buying organic produce from pesticide-free farms. Chipotle employees regularly visit these farms to observe

growing practices and build relationships with local farmers.

Purchasing locally grown food is a priority for Chipotle, with “local” defined as “within a 350-mile radius” from the restaurant. By buying locally, Chipotle can be confident that their food is fresh and that they are creating a higher demand for family-farmed produce and meat. In this way Chipotle restaurants benefit their communities by returning money to local markets.

The recent proliferation of fast-casual means that you can choose to eat intelligently with an awareness of where your food comes from and of the impact your burgers and burritos have on the animals used, the environment and your community.

With the uprise of responsible fast-casual restaurants that work to prepare their food with integrity, you can eat the meat.



#AlexfromTarget

Gender stereotypes, instant fame and double standards



KATIE MORRISON

Over Halloween weekend, a young girl snuck a photo of the cute boy bagging her groceries at her local Target. The girl didn't notice him because he was flipping cans or handing out balloons; she was simply admiring his stylish haircut and defined jawline. She posted the photo on Twitter on November 2 with the simple caption of "YOOOOOOOOO," and thus #AlexfromTarget was born and went on to be tweeted and retweeted upwards of 900,000 times.

Over the span of a week, Alex went from having 144 followers to more than 650,000. In the wake of this sudden fame, Alex from Target has received marriage proposals (all jokes, hopefully; he is only sixteen), creepy text messages and a TV spot on "The Ellen DeGeneres Show."

Hundreds of thousands of teenage girls have created memes in his honor, praising his bag-boy abilities and the curvature of his arms. None of these girls know him but now feel permitted to objectify this boy and obsess over his red T-shirt.

Sophomore Reagan Dieter said that guys aren't defensive about #AlexfromTarget because they understand objectification in a different way. "Guys eat up praise like that. We love it," he says. "With guys, you hardly ever hear anything about date rape or things of a negative nature when it comes to sexuality. So because motives are different, we take things like this as a compliment."

But what if Alex from Target had been a girl?



With feminist movements springing up on all sides, this sort of situation would cause chaos had a female Alex's flowing locks and long lashes been the focus of the online explosion. The girls who have retweeted the pixels out of Alex's photo are looked upon as being sweet and naive, only interested in expressing their appreciation for his symmetrical features. But had Alex from Target been a girl, it wouldn't be so sweet. Those sharing the picture would most likely be men, perhaps even the same men coming under fire for cat-calling women. But when it comes to sexual objectification, why do many females take offense while most guys view it as praise?

"Girls feel like guys just think of us in one way: how attractive are we," said Makhela Libebe, a sophomore education major. "I feel like I might look at a guy and, yes, register that he's hot. But is he

smart? Does he come from a good family? Is he someone I could take home? He's working at Target, so he must have good work ethic. I'm thinking of a hundred different things while he's just looking at my body."

#AlexfromTarget has encouraged discussions on the equality with which men and women are treated when it comes to objectifying the opposite sex. It is unfair to put the entire male population on blast for public harassment when the female population is guilty of uncannily similar crimes. Maybe Alex isn't upset about his face being plastered all over the Internet. #KiernanfromTMobile and #StevefromStarbucks are probably jumping for joy at their similar influx in fame. But that doesn't make it okay. It's a fine line to walk between a genuine appreciation and blatant objectification.



ELENA CORNWELL

Us the Duo's newest CD: "No Matter Where You Are"

Husband and wife team make it big from Vine

It was only three years ago that Michael Alvarado and Carissa Rae met and formed Us the Duo. Just this year they were signed to Republic Records following a skyrocket to fame thanks to Vine, where their six second song medleys won the hearts of over 4 million sub-

scribers. Their most recent album "No Matter Where You Are" found itself #9 on the iTunes Pop Album Charts, and had the title song featured in the new movie "The Book of Life."

continued on <http://clocktower.ucollege.edu>



ABNER CAMPOS

The people's pope

The schism between us and them

A man laid hands on a disfigured man and prayed over him. He washed the feet of social outcasts and even prisoners. He prayed for a rape victim personally. He has taken many phone calls to personally pray with and counsel people walking on life's rocky roads. This man is Pope Francis.

Before becoming the pope, he was known in South America for helping the poor and ministering in the heart of the slums in Buenos Aires, Argentina. Pope Francis is the pope of the people.

While Catholicism has been strongly rejecting the acceptance of individuals part of the LGBTQ community, Pope Francis said, "If someone is gay and searches for the Lord and has good will, who am I to judge? We shouldn't marginalize people for this. They must be integrated into society." This has shaken the Catholic Church and, more so, surprised and attracted Protestants.

What primarily divides Roman Catholicism from Protestantism is doctrine. However, Protestants are scratching their heads as Pope Francis places doctrine secondary to helping the oppressed. The placing of doctrine aside has caused

many to question the need for division between Protestantism and Catholicism.

The pope is one of, if not the most influential figure on the planet. Time and The Advocate magazines affirmed this by naming him "2013 Person of the Year." He also landed on the cover of Rolling Stone and The New Yorker. No one can get enough of the people's pope.

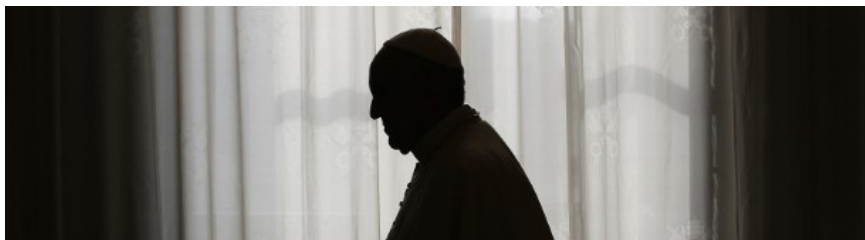
Many Protestants and Catholics alike imagine there exists a great divide with insurmountable walls, creating a the schism of us and them. Pope Francis, however, sees opportunity to build bridges. No doubt Pope Francis is the face of Christianity to the world.

While Pope Francis is kind and loving and serving, his teachings matter. Ty Gibson, an Adventist author and publisher said, "There is, however, the small matter of believing he occupies the position of God on earth, and the little thing about believing that there is no salvation outside the Catholic Church, and the tiny issue of believing he speaks with infallibility, and the minor point about God burning people forever in hell...and the modest idea that you can pay money to the church to get people less time burn-

ing in purgatory. Besides those items, yes, he is saying some very nice things.”

As Seventh-day Adventists—better yet—as followers of Jesus, we need to find our identity in the exclusive saving power of Jesus. Jesus’ exclusive salvation power allows inclusive salvation for humanity. Yes, the pope is kind, but his actions hide his identity and his claims to be God on earth.

This article is not written to be anti-Catholic. It is not even written to promote Adventism. It’s written to inform of the questions that are going on in the Christian community. Pope Francis is undoubtedly an ethical, moral person helping the poor and powerless. But be aware: Dig deeper into the beliefs he has and study for yourself.



JORDAN ZY

Don't steal movies

Because the FBI is judging you all

I've always had a healthy respect for the movie makers and cinema owners. When I was in high school, friends would pay for one movie and then “movie hop” by sneaking their way into other theaters to watch another one for free. I was the friend who snuck back out to secretly buy a second ticket. Some look down on me for not having the gall or for being too much of a killjoy, but I could never shake the idea that I was stealing.

Some wonderful people I know, whom I have no harsh thoughts for, have stated that people shouldn't feel bad for not ponying up \$10 for illegally watching multi-million dollar blockbusters. In itself, this isn't a bad argument. Marvel Studios isn't going to miss a few dollars here or there on “Avengers 2” if you sneak in. Besides, we are just poor college kids who can't afford to drop \$50 to watch four movies in one day.

continued on <http://clocktower.ucollege.edu>

NOVEMBER						
SUN	MON	TUE	WED	THU	FRI	SAT
16	17 3:30-5:00pm Academic Council	18 10:30am ASB Convocation	19	20 Second PA Quarterly Meeting 10:30-11:30am General Assembly	21 Second PA Quarterly Meeting Campus Store/ Mailroom 8:00am-1:00pm Sunset: 5:04pm	22 Sunset: 5:03pm
23	24 Thanks Giving Break	25	26	27	28	29

THUMBS UP/THUMBS DOWN



to eating sushi.
—Lombe Mundende



to homemade muffins.
—Isaac Houston



to the internet not working
in library.
—Brianna Lale



to striking out in t-ball.
—Roderick Stickle

THE CLOCKTOWER (THAT'S US)

IS HIRING

A ~~MAGICIAN~~ COPY EDITOR



YOU CAN APPLY BY
EMAILING ~~CAT PICTURES TO~~
SDFOSTER10@GMAIL.COM

WE CAN'T HEAR YOU.

Yeah, we're going to need you to speak up.

Like us, hate us or anywhere in between, we'd love to hear why. Have a story you'd like to pitch? We'd love to craft it. Did you just make a big breakfast? Tell us why your mother's German waffle recipe is better than Paula Deen's.

Basically, write us.

Voice your opinions by emailing cltower@gmail.com and add to the conversation by connecting with us on Facebook at www.facebook.com/ClocktowerASB and online at <http://clocktower.ucollege.edu>.



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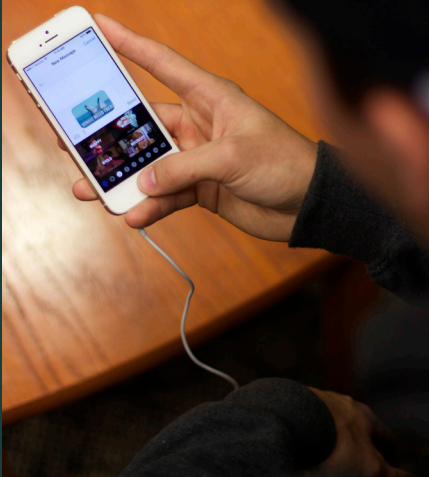
"What are we here for?" by Emy Wood

In this week's online issue, get recommendations for the best inspirational sports movies, read about the inner workings of on-campus clubs, and learn how you can help the hungry this Thanksgiving—and beyond.

"3 ways to step up your texting game"
by Jacob Prosser

GamerGate

"#GamerGate" by Slade Lane



"Lending a helping
hand in Lincoln"
by Kyle Berg

