

ISSUE 89.1

UNION COLLEGE

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the
clocktower

THE
AERMOTOR
CHICAGO

THE DEFINITIVE GUIDE TO LINCOLN NEBRASKA



STEVEN FOSTER



The city of Lincoln's official logo

Welcome to Lincoln

I'll be your travel guide

I just want to say thanks.

The fact that you're reading this sentence is the reason my team—a group of more than 20 people—worked so hard to craft this first issue of the 89th volume of *The Clocktower*. But this is no ordinary issue.

This issue, “The Definitive Guide to Lincoln, Nebraska,” is a celebration of why we affectionately call Lincoln home. When I was a senior in high school, I swore that I'd never move to Nebraska. Of course, this was because I am from Colorado, and I was swollen with mountain pride. My plans didn't work out too well, and two years ago I ended up moving to the Silicon Prairie known as Lincoln. And you know what? It was the best decision I've ever made.

Here I've made new friends, girlfriends and best friends. Lincoln led me to new hobbies and passions, and through the city I discovered the joy of running. One of Lincoln's best kept secrets is its impressive 131 miles of trail that, through a feat of civil engineering, weave and wind to connect the entire city. Using the simple trail system, I've quite literally ran all over the city. From Union College to the capitol building to near Wal-Mart on 84th and Nebraska Highway, my own two feet have transported me to just about anywhere you can imagine.

While we're at it, why don't we give a shout out to The Lincoln Running Company. Located near Q and 13th Street, this business caters to runners of all levels. If you're considering becoming serious about running, these guys can hook you up.

All of this brings me to the Lincoln National Guard marathon that takes place near the first weekend in May. A few months ago, I completed my very first half marathon. I completed my first half marathon because I bought great running shoes from The Lincoln Running Company. I bought great running shoes from The Lincoln Running Company because I discovered an amazing city-wide trail system. I discovered an amazing city-wide trail system because I found a passion in running. I found a passion in running because I moved to Lincoln, Nebraska.

That's my story. My incredible staff have filled the following pages with their stories. But still, I'm curious—what's your story?

Write us at cltower@gmail.com and tell us why you love Lincoln.

Fresh style on a slim budget

Throw away the price tag, not your dollars

Keeping up with Kimye's stylish wardrobe is unlikely on a college student's budget, but Lincoln's second hand stores provide some reasonable options for keeping yourself looking snazzy and your love interest, well, interested. Here are my top three to get you started if you haven't already.

Home & Closet | \$-\$\$\$ | 1356 S. 33rd St.

Recommend by a coffee shop acquaintance, Home & Closet has steadily nudged its way into my closet and politely drained my wallet. This welcoming shop sells brand new, brand name vintage finds at considerably low prices. As the name suggests, you can find both clothing and furnishings at this store with coffee and delicacies coming soon. Like them on Facebook to stay up-to-date on their merchandise.

Goodwill | \$-\$\$ | 4555 Vine St.

Good thrifting requires disciplined standards and patience, but this Goodwill will forgive you if you're having an off day. As the largest Goodwill in Lincoln, this location has a frequent item turnover and easy finds. It participates in rotating sales with other Goodwills in town like Dollar Days and the 10 for \$10 clothing sale, which are especially rewarding when you stumble upon them accidentally. Calendars with the sales at all of Lincoln's Goodwills are available at each store.

Plato's Closet | \$-\$\$\$ | 2525 Pine Lake Rd.

Plato's buys, sells, and trades clothes, shoes, bags, and accessories. I go here first when the season changes and I'm looking for basic must-haves and fun additions. Plato's devotes a large section of their store to jeans, ladies, so stop by if you're looking to add a new statement item to your wardrobe.

Other worthy mentions include Ruby Begonia's, the Goodwill on 56th St., Penny Lane, and The Black Market.

As you set out to style and save, pay attention to what each store has to offer to help you plan for future trips. I hope you have the opportunity to explore the Capital City's second-hand stores and enjoy using them to enhance your style as much as I do. Happy thrifting!

Home & Closet's iconic delivery bus is usually parked outside the vintage's shop's parking lot, making the shop easy to find.



VERNÉE NORMAN



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ABNER CAMPOS

Eat like a sultan

A guide to The Sultan's Kite

Looking for long fairways without the strict dress code? A gentleman's game without the expense? If the above questions pique your interest, there is an answer: Frolf.

Frolfing, or frisbee golfing, is the up and coming pastime of Union College students. At the affordable price of \$7.99 per disc (purchased at your local Play it Again Sports), the only requirements left are bro tanks and jean cutoffs.

Lincoln offers two exquisite, vastly different courses to play on. If you want a place to bike to and play all 9 holes in around 20 or 30 minutes, Tierra Park meets those needs.

The course, primarily wooded, can be played with a mid-range and a putter. Beginners and veterans beware—the first two holes have water hazards close by. Take it from me: Swimming for discs is not a good time.

A good knowledge of the Tierra Park course is vital to the enjoyment of your game, as this wooded course is quite dense. If you don't know where the basket is, then it is difficult to know where to aim your disc. However, if you are feeling adventurous, give it a good haphazard throw. May the odds be ever in your favor.

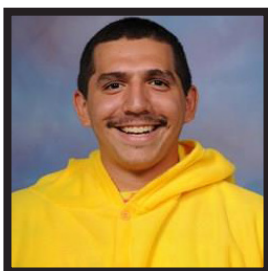
The second course, and my personal favorite, is Max E. Roper Park. This 27-hole course is located 20 minutes from campus off I-180. Roper Park requires a driver, mid-range and putter, as many of the holes are located 350 feet or more from the tee. There is a small water hazard that is heavily treed, so try not to lose your disc there. Fear not though, the lost can be found. I, and many other frolfing enthusiasts, have waded through the dark water to retrieve discs so dear to us. I recommend giving yourself at least an hour and half (depending on your group size) to play all 27 holes.

So if you want to enjoy a nice Arnold Palmer and forgo the polo, frisbee golf is the sport for you.

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For an awesome deal, try to hit up Cane's in the fall. For the past 6 years, they have put on a coat drive in the months leading up to winter. Bring in a new or used coat for donation, and you'll get a free meal after purchasing a combo meal and drink. You'll get an awesome meal and be helping some less fortunate people stay warm.

If it isn't obvious by now, this is a must try for any and all chicken lovers.



RUDY A. RODRIGUEZ

a squat, and witness political history unfolding before your eyes.

If sitting down and watching isn't your thing, you're more than welcome to present your testimony on the bill. Nothing screams young angst louder than debating people much older than you on political issues.

College students need to be more in-tune with political issues. In the next few years, all of us will be living in the real world and real world issues will be staring us in the face. So why not start learning in a way where you can get your voice heard? Put on your thinking cap and try local legislation out for spin.

To find more information on what types of bills are being presented, go to <http://nebraskalegislature.gov/pdf/about/testifier-guide.pdf>.

Local Lincoln legislature

Lets go to court

How do young college students have fun while getting politically involved at the same time? They keep their eyes to the sky and gaze upon Lincoln's state Capitol building, of course.

Bills are presented daily by local senators, and the topics change daily and sessions free and open to the public. To get involved, stop by Lincoln's downtown courthouse after 1:30 p.m., pop

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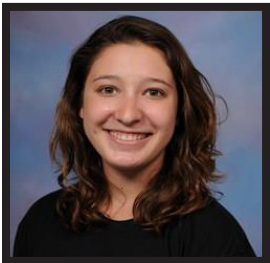
SLADE LANE

Lincoln's hottest open mics

When you just need to get down

You've sat all summer, plucking the strings of your sitar, writing melodies and harmonies, avoiding your college application and the gym—and not in that order. It's time to learn where you can take that sitar and find the faces that need rocking. It's time to attend an open mic night.

When I first arrived in Lincoln those many years ago, my picking finger was itching to bring the funk and make it big. I tuned my guitar, gargled a glass of salt water and turned to Google to find Lincoln's hottest open mic nights. After performing for the last couple years and gargling more than my fair share of salt water, I can say with certainty that these are two of the best places to dish out some crispy tunes:



ELENA CORNWELL

Wesleyan takes center stage

The art of theatre is far from dead in Lincoln

The lighting is perfect: pale yellows lights the rosey settee in the center of a stage of a set subtly echoing the 1930s. The quiet atmosphere of the room automatically causes us to lower our voices to whispers as we seat ourselves in the dim rows. We had entered the Nebraska Wesleyan University (NWU) Theatre to enjoy *The Glass Menagerie*, but it felt like we'd entered another world.

In the midst of busy weekends full of homework and meetings, taking a couple of hours to escape from research papers and lab worksheets can be a productive study break. A live encounter with a story, whether fictional or not, invites you to interact with the narrative in

1. Meadowlark Coffee & Espresso

Located at 1624 South Street, Meadowlark features a weekly open mic night every Wednesday from 8:00 to 10:00 p.m. This is one of the most diverse open mic nights in Lincoln. From acoustic, singer-songwriter Bob Dylan types to beat-boxing up-and-comers, Meadowlark boasts an eclectic soup of regular and new performers. Sign-up starts at 7:30 p.m.

2. Crescent Moon Coffee

Crescent Moon opens its mic every Thursday from 7:00 to 10:00 p.m. and is in the lower level of the Apothecary in Haymarket. I started playing my first open mics here, and it's still my favorite. Crescent Moon has a strong community of musicians that's easy to become a part of: Just show up with a tune. And who knows—you might catch *The Contrary*, a band made up of Union students AJ Valcin and Elliot Mosely, performing a set. Sign-up starts at 6:30 p.m.

Meadowlark and Crescent Moon are great places to start playing music if you're seeking to break into Lincoln's music scene. When you sign up to play at either venue you're given 15 minutes or three songs. And if you're going to rock some faces, be sure to make a purchase because these events don't happen without your support.

Meadowlark and Crescent Moon are prime places to meet musicians and test out your newest tunes. So tune up the ol' sitar, dig out those chords and lyrics, gargle that salt water and get yourself to one of these open mics.

a way unparalleled by Netflix and Hulu. A visit to one of Lincoln's several theatres can refresh your mind--altering your perspective of a story or an aspect of your life is normal there.

After attending *The Glass Menagerie* during the 2012-13 season, I became obsessed with live theater. Wesleyan's 2014-15 season looks promising with Broadway-favorite *South Pacific*, a Latin *In the Heights*, Shakespeare's *The Merchant of Venice*, and weekend Cabarets. These productions offer you a chance to peek into different time periods and genres of life with music and storytelling in a way you might not have experienced before.

The passion portrayed by the NWU Theatre's cast is astonishing--attendees are left impressed by the talent displayed and pondering the production. Other quality theatre productions in town can be found at the Lincoln Community Playhouse, The Haymarket Theatre, The TADA Theatre, and the Lied Center for Performing Arts.

Interested in escaping to another world for a few hours? The box office for the NWU Theatre is open from 2:00 pm to 5:00 pm Monday thru Saturday during the season. Student tickets are \$7.50. Contact the theatre at 402-465-2384 or find them on Facebook as Nebraska Wesleyan University Theatre Department.



KYLE BERG



An assortment of Innova Frisbee golf discs

Forget the caddy and learn to frolf

Lincoln's perfect weather pastime

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Right on pitch

A capella stages a comeback

“Pitch Perfect”, the 2012 surprise breakout film, awoke an appreciation for a capella unknown to its viewers. Originally made popular in the United States by middle-aged men in barbershop quartets, a capella singing groups are now the fast track for young people to become the coolest kids on their high school and college campuses all over the country.

A capella might not be a first choice for Saturday nights but it deserves a chance on your calendar. Senior Zack Posthumus attended the 2014 Semi-finals for the International Championship of Collegiate A Cappella (ICCA) held at UNL and had nothing but positive remarks.

“There was a beat boxing contest between each qualifying groups’ beat boxers,” he says. “One guy just went off. It was so cray!”

The University of Nebraska-Lincoln (UNL) has four diverse and talented teams on their campus. The Bathtub Dogs and Roctavo are two male groups that have won awards for Outstanding Soloist (2011) and been first runner-up for the national tier of the ICCA competition respectively. Boots & Cats is the first female group UNL has sent to the ICCAs. And, formed in 2012, Pitch Please is the only co-ed team on UNL’s campus.

Each group has a musical coordinator who arranges each song into something unique for exceptional performances of vocal acrobatics. Last year, the Bathtub Dogs hosted a fall showcase titled The More You Know. Songs covered were “The Beat” by Ben Rector, “P.Y.T. (Pretty Young Thing)” by Michael Jackson, and “Animal” by Neon Trees. Small skits between group performances rounded out the show for an entertaining night.

Although the groups have not yet publicized the dates for their annual showcases information can be found on their Facebook pages or websites. If all else fails, ask me! When it gets closer to the holidays, I will definitely be gathering a carload of people to go. Students get discounted tickets for about \$8. Get pumped for “Pitch Perfect 2” and spread the a capella love.



KATIE MORRISON



The Bathtub Dogs in action



JACOB PROSSER

Review: Raising Cane's

A fried chicken lover's paradise!

If you're a fried chicken fan like I am, you will have to try out Raising Cane's.

With the nearest location just north of 48th and O Street, Cane's is home to some of the best fast food chicken I have ever eaten. The menu is simple with four combos to choose from: The 3 Finger, The Caniac, The Sandwich, and their most popular menu item, The Box. The latter is my personal favorite, coming with four chicken fingers, fries, coleslaw, Texas toast, a regular drink, and Cane's sauce. The chicken strips are delicious, and always served fresh and tender. The fries are crisp and golden, the buttery Texas toast is on point, and even the coleslaw (something I'm not usually a fan of) is pretty good. If you're not into coleslaw, just let them know and they can sub in another slice of toast. Cane's will rarely disappoint.

But let's be honest. It's the secret Cane's sauce that really steals the show.

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MEGAN BOLTON

Aldi to arrive in Lincoln

Discount grocery store great option for college students

Aldi is coming to Lincoln! You probably just had one of two reactions: "What's Aldi?" or "Yay!" For those of you who said "Yay!", I'm right there with you. For the rest of the you raising an eyebrow, let me explain.

Aldi is a discount, generic brand grocery store. When I say discounted, I mean \$1.50 for a box of cereal or a pint of yogurt--I mean cheap.

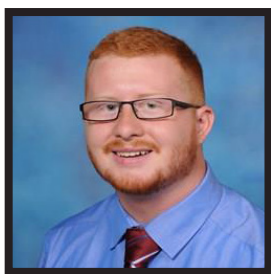
And it's not cheap because it's rotten or defected, it's cheap because Aldi works to make it cheap.

As a generic brand grocery store, many of their products don't have a brand name on them. You might go into an Aldi and see a box of cereal that looks suspiciously like Cheerios. Plot twist: it is Cheerios - without the brand name! Aldi just sells unmarked versions of the foods you already love at a low price.

On top of the amazing prices, Aldi is very environmentally conscious. Food is displayed in the bulk box it arrived and the store encourages customers to bring reusable bags and use them or empty boxes to haul their purchases. In fact, customers are charged \$0.25 if they want to use one of Aldi's shopping carts. This might seem annoying and confusing but, simply put, they'd have to pay someone to retrieve the carts from the parking lot. By cutting their operation costs they're able to keep their prices low for their customers!

The German chain will open its doors to Lincoln this October in the South Pointe mall with more information on their second location soon to follow. I highly recommend checking them out as soon as available, because Aldi is not just any grocery store, it's a shopping experience.

THE DEFINITIVE GUIDE TO LINCOLN NEBRASKA



JOE HOFFMAN

The corn fields are alive with the sound of music

Lincoln and Omaha's music scene

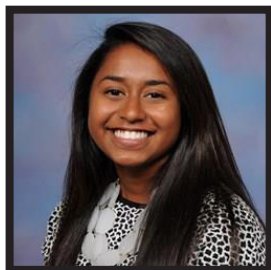
One of the things you should take advantage of around Lincoln and Omaha is the growing music scene. From concerts at the Pinnacle Bank Arena to jazz on the University of Nebraska-Lincoln's lawn, Nebraska has many live music options to enjoy throughout the year.

Some of my favorite ways to experience music around Nebraska is to go to the concert venues located throughout the Lincoln and Omaha area. Recently the city of Lincoln unveiled the Pinnacle Bank Arena (PBA), a \$179 million facility that hosts concerts, sporting events and trade shows. With a 16,000 maximum capacity/seating limit, the arena has enabled Lincoln to host artists such as Katy Perry, Jay Z, Pearl Jam and many others.

If big concert venues aren't your thing, Lincoln and Omaha also have smaller venues for more intimate shows. Omaha boasts The Waiting Room, Sokol Auditorium, and Sokol Underground as local favorites. In Lincoln, The Bourbon on "O" Street has hosted bands such as Taking Back Sunday, YelaWolf, and even Cherub on the stage of the refurbished 1920s theater house. Fans of electronic DJ Skrillex can see him perform at The Bourbon on Oct. 16 for \$40 advance or \$45 at the door. More information is available at www.bourbontheater.com

If you're a broke college kid like most of us are there are plenty of places to be able to listen to free live music. The Crescent Moon in the Haymarket Square of Downtown Lincoln has open mic nights. The University of Nebraska-Lincoln's annual free spring concert is an event to look forward to. If poetry is more to your liking, peruse www.poetrymenu.com for a listing of poetry events and open mics in Lincoln, Omaha, and the surrounding areas.

While Lincoln doesn't always get the big name tours, we do get our fair share of good music and it wouldn't hurt to see if one of your favorite artists is planning a stop in Nebraska. Since I've been at Union College I've been able to see and meet bands such as Macklemore, The Misfits and Explosions in the Sky. There are plenty of local and indie bands that are worth your time as well. If music is your thing Lincoln and Omaha have you covered. Now go forth and rock!



NAOMI PRASAD

Unleash your creativity at Corky Canvas

Local DIY painting studio offers a fun alternative to get creative

Already looking for an escape from your stressful collegiate schedule? Consider visiting Corky Canvas for a fun and relaxing way to bring your creative side back to life!

Comparable to Paint Yourself Silly, Corky Canvas offers a fun painting experience for students looking for a way to liberate their creative juices once more. For those of you like me who don't consider yourself to be creative, Corky Canvas instructors will lead you step by step to help you recreate a masterpiece.

Lincolnite Ashley Pavlish mentions in a five star review, "If you want to do something different for a night out, THIS IS THE PLACE! I

have been several times, and always have a blast! I am not artistic but am always happy with how my paintings turn out!"

Corky Canvas is located only eight minutes from campus at 3700 S. 9th St. off Highway 2. Each day has a different theme so call ahead or check out www.corkycanvs.com to see what they are offering before registering for a session. Themes vary and August featured options ranging from brilliant daisies and sunset palms to Nebraska door hangers.

A memorable experience, one session at this local favorite will cost \$25-\$35 dollars per person, which covers a standard 16x20 canvas and all the paint supplies. Though the cost may make your dollars and dimes run for cover, Corky Canvas is an excellent option for those looking for an alternative date night or to make moves on someone new. Once you're set up and ready to go the only thing left is to let your creativity and chemistry work their magic for a night the two of you won't soon forget.



EMILY WOOD



Crescent Moon Coffee on a Sunday morning

Coffee shop studies

When that paper needs to be written away from campus

It's 6 p.m. on a Thursday night, the Student Center and library are full, your roommate won't stop watching the latest episode of "New Girl" on full volume (who can blame them?), and you need a place to escape into anatomy notes. Next stop: a coffee shop.

While Starbucks is the stereotypical venue for espressos and lattes, Lincoln's locally owned cafés provide more than your average cup of joe.

First on the list of caffeine fixes in Lincoln is a classic: The Mill. Conveniently located directly across campus, The Mill is a hotspot for studying students. Aside from serving the usual teas and coffee, they also offer homemade snacks with gluten-free and vegan options. Plus, they make a mean Italian soda.

Next up is one of my personal favorites, Crescent Moon Coffee. Known for its unique atmosphere, Crescent Moon is a perfect study spot if you crave a relaxing, beatnik feel. "It's literally like stepping into a place where the essence of time has been unsurpassed by community and passion for the arts," said Stefani Leeper, a sophomore communication major.

Located underground at 140 N. 8th Street #10, Crescent Moon serves a diverse array of drinks and food options. They also offer live entertainment (see below) nearly every night of the week.

Looking to drown your sorrows from chemistry class with mountains of spinning vinyl records? Head over to Cultiva on 727 S. 11th Street for loud music and a strong brew. Their constantly changing coffee selection and made-to-order crepes ensure you won't leave unsatisfied.

If the bustle of students and music leaves you seeking a quiet alternative, The Coffee House sits at 1324 P Street and is perfect for muted concentration. Their friendly staff are ready to serve from 5:30 a.m. to 11:00 p.m.—ideal for late night or early morning cram sessions. And, if you're looking for the best chai tea latte in town, rumor has it The Coffee House is the place to go.

Next time you're looking for a place to spend your Sunday afternoon, quench your thirst at one of these speciality cafés. You won't be disappointed.

No car, no problem

Getting off campus when all you have is two feet.

If you're without a car, gas money or friends to hitch a ride with, you need to know your options. Luckily, a short walk is all you need to reach the variety of businesses and venues set up right next to Union.

Directly across the street on Prescott and 48th Street is The Mill, a coffee and tea shop frequented by many Union students. Stop by for your caffeine fix, or use their free wifi and calm atmosphere to study.

Head south on 48th and you'll arrive at Taco Inn, a personal favorite of mine. This Mexican fast food restaurant won't disappoint. They offer a different daily special at excellent prices. I grew up eating Taco Inn, and I've never outgrown my craving for spicy burritos. Tori Leddy, Union College biomedical science major, offers her recommendations: "I'm always torn between choosing the veggie burritos and steak tacos every time. I think about it a lot."

If ground beef and refried beans don't sit well with you, try DaVinci's or Mr. Lee's. DaVinci's brings the fancy Italian restaurant to a more intimate setting—which is perfect for a date night when the wallet's tight, especially when you can't drive further out. Mr. Lee's is a newer addition, bringing much-needed Chinese food close to campus. You'll be surprised how much food you get for under \$10, and their orange chicken is on point. Their newly-expanded drink menu introduces new boba teas available in plenty of flavors.

A great getaway spot to stop and enjoy God's nature or regain your sanity (or sometimes both) is Holmes Lake. About a mile down Calvert to the east is a dead-end street with a fence. Use this entrance to enjoy some time in the park, which offers 122 acres of outdoor green space. The trail is great for jogging or just a stroll, and you'll find volleyball courts, fields for playing ball, playgrounds and more than a few perfect picnicking spots.

My first two years at Union were two years without a vehicle of my own, but even now that I have a ride I will still testify to some of these nearby gems. So next time you have money to spend on Mexican food but not on gas, call me up. We'll find a feast within walking distance.



JORDAN ZY



Taco Inn Sign in front of DaVinci's and Mr. Lee's



DEREK BAKER



One of the walls at Grateful Bread

Bread to be grateful for

Lincoln's hidden gem

How would you like to eat at a restaurant that takes you back to your childhood? One that incorporates Toy Story, Land Before Time, and the records your dad used to woo your mom?

If you said yes, then I've got the place for you. Grateful Bread is the name, vegetarian soups, macaroni, and scones is the game. This local gem creates some of the most amazing dishes in Lincoln. From Asian Mushroom Ginger soup to Greek and Thai macaronis. Throw in a warm cheddar parmesan and dill or banana chocolate chip scone, and you're good to go.

Right when you walk into this establishment, you'll fall in love with the quirky decor, plastic dinosaurs, and plethora of Mr. Potato heads watching you as you eat. If that doesn't get you, let the box of records and turntable take you away.

This hot spot is located at 1625 South 17th Street, with free street and behind-the-building parking. Grateful Bread also features a rotating menu which is updated weekly via Facebook. One week will be Sante Fe Chowder, Sweet Potato Cheddar, and Moroccan Tomato soup and the next will be a Cambodian Tomato, Jamaican Coconut Lentil, and Thai Peanut soup--the possibilities are endless!

Keep in mind, Grateful Bread accepts cash and checks only. The soups and pasta dishes range from \$7.00 to \$9.00, and the scones are about \$1.25 to \$3.00 dollars each pastry, followed by a wide assortment of bottled sodas ranging from \$3.00 to \$4.00 a pop. They're open at different times and days, so be sure to check their Facebook before you go (The Grateful Bread staff have been on vacation for the past two weeks now, but will be open again September 3 in anticipation of a busy fall season).

So this November, take it from the Grateful Dead and "put your money where your love is." Tell them Derek sent you, then get the broccoli cheddar macaroni, a bottle of coke, and a cheese scone. Don't worry about bringing your own sriracha--they've got you covered.

★ **BE** ★
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AND
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¹\$50 cash deposited in your account within 30 days of month-end following your 10th point-of-sale debit card transaction if conducted within 2 months of account opening.
²\$2 ATM Usage Fee at non-UBT ATMs is waived on first 20 transactions per statement cycle; some ATM owners may assess a surcharge of which we have no control and are not able to waive.
³\$10 cash deposited to your account within 30 days of month-end following your enrollment in Mobile Banking.
Other restrictions apply. Member FDIC.

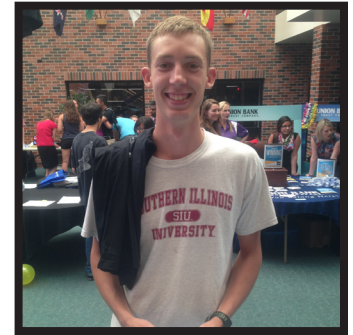
HUMANS OF UNION COLLEGE



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Chelsea Aguilera



"Frisbee golfing. I don't know where it is, but I ride with my friends up there. We spend hours out in the sun throwing Frisbees." - Spencer Curtis

"The bike trails and the park at Holmes Lake are hidden beauties." - J-Fiah Reeves

"I love the community events and shows. Also, the local concerts and music." - Shawna

"There is a cool park behind McDonalds."

"Really?"

"Really. It's actually cool." - Cody Cowin



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