

Close Game, Hard Loss

Josh Loshman

The Rainforest Classroom

Cassie Milnes

The classroom is the rainforest. The teachers are Dr. Abbey, Mr. McClelland, and Mr. Robison. The classes offered include field biology, art, and travel writing. Grades are awarded for completion of journals recording observations. The luggage is minimal: pack what can be carried. The experience is priceless. And nothing brings Union students together like sweaty days spent traveling coast to coast by bus and tour boat.

Lauren Bongard, Junior Language Arts Education major, who attended the Costa Rica Educational Tour during the summer of 2000 to study travel writing and field biology, remembers surviving under adverse conditions. The group stayed everywhere from the SDA University in Alajuela to "hotels" that were actually spare rooms people rented out of their homes. One "hotel" they stayed in was especially "terrifying" due to the

continued on p. 4



Lauren Bongard observing the Costa Rica habitat up close and personally.



Union men support the Lady Warriors at their season opening game in the Thunderdome on Saturday night, November 3.

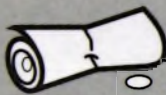
Now I know why they call it the Thunderdome. The Union College fans showed up at 8:40 Saturday night to see what promised to be one of the best games all year. The UC men jumped all over Central Methodist early and tried to pull away. Brit Sigh bent the rim on a dunk to give Union an early 17 to 11 lead, and the men soon jolted ahead by as many as twelve. But Central Methodist went on a run at the end of the first half to tie the game at 40 with two minutes to go. Then Matt Gal took over, scoring the next seven Union points and giving the men a 47 to 42 halftime lead.

The second half proved to be just as exciting as the first, with both teams exchanging the lead back and forth. Alan Guyton went on a tear, draining deep

treys with ease. Clutch shooting from Guyton and Carlos Mott kept the game close, but with five minutes to go Union trailed Central Methodist by four. A three-pointer by Guyton tied the game at 82 with four minutes left, and Andrew Larson gave us a two-point lead the next time down the court. But CM made a comeback in the final two minutes and took the lead for good with just over a minute to play. Union threatened to make a comeback in the final seconds as Carlos Mott hit a three with nineteen seconds left to cut the lead to three, but clutch free throws bailed Central Methodist out as they won the thriller 89 to 97. Alan Guyton led Union with 25 points; Carlos Mott scored 21, and Matt Gal added 15 as Union dropped their first game of the season. *

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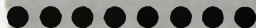
Letters to the Editor

Dear editor:

I was reading the article "Say Who?" in the most recent Clocktower and wondered why the ESL contract teachers weren't included in the Humanities Division list of contract teachers. We have three: Carol Leonhardt, Linda Vollmer, and Janya Mekelburg. I know ESL seems like its own separate thing, but actually we are part of the Humanities Division, and since we constantly battle the perception that we aren't quite "academic," it would be nice to have some reinforcement in print whenever possible.

We'd be happy to give you some personal information about our contract teachers so you can correct your article.

Peggy Wahlen
ESL Director



Dear Peggy:

I apologize for our oversight. Thank you for responding and offering your help to correct the mistake. Please see Carrie Purkeypile's article "ESL Contract Teachers Thankful for Time Abroad" on page 6.

-Editor

Dear editor,

Having just read your October 31 issue, I feel compelled to comment and clarify. First, the Clocktower staff is doing superb work overall, for which I commend you. Keep up the good work. You might run a few more letters to the editor, however....

Second, this issue was appropriately released on Halloween, as I counted six unmasked pictures of Blake—far too many, to a gagging degree. To make amends, a full-page picture of the photogenic Science and Math Division should accompany a future issue.

Third, when looking for reliable sources, try someone other than Mr. Nash. He mentions my "setting up various ointments"—referring, I must suppose, to my shaving kit and toothpaste, as my leprosy cleared up months ago. Then he summons the audacity to comment on our "discussion" at three a.m.: "And then [Blake] wanted to talk." In truth, I was reduced to monosyllabic grunts as he prattled on about all manner of subjects, including, as far as I remember, a question about Pauline Deeb's "stir the bowl" video dance (ask her about it).

Fourth, be certain when telling the truth that you tell the whole truth. Anyone who believed Napster was dead, think again—of a deeply breathing Mr. Nash on a Friday afternoon in Chicago not long ago.

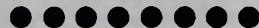
Cordially,
Chris Blake
Chauffeur for the Chicago Eight
Humanities Division Professor

Does It Bother You...

- That federal officials can tap your phone and monitor both your e-mail and Web browsing
- To know that your home, business and billing records can be secretly searched by police?
- That as an international student you will be entered in a nationwide database by the end of the year and tracked by the United States government?
- That our attorney general now has the power to arrest any foreigner and detain them for up to 7 days BEFORE they are even charged with a crime?

Or do you think these actions are warranted due to the state of our national security?

This stuff is happening in our country. Please e-mail me (amsauder@ucollege.edu) with your responses. Or even better, let on to the U.S. Congress' official website (www.uscongress.com) and e-mail your Senator and/or Representative. It's easy (click type) and will only take you five minutes. You're a part of the country; speak up!



"In Germany, they first came for the communists, and I didn't speak up because I wasn't a communist. Then they came for the Jews, and I didn't speak up because I wasn't a Jew. Then they came for the trade unionists, and I didn't speak up because I wasn't a trade unionist. Then they came for the Catholics and I didn't speak up because I wasn't a Catholic. Then they came for me—and by that time there was nobody left to speak up."

-Martin Niemöller

Winning the War for the Enemy

Amanda Sauder



Tell Me About It!

The Clocktower is the official student newspaper of Union College. The views expressed in the Clocktower are those of the authors themselves and do not necessarily reflect those of the editors, Union College, or the Seventh-day Adventist Church.

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With the stroke of a pen, the flourishings of a signature, we have defeated ourselves in the war against terrorism. How? With President Bush's endorsement of the new anti-terrorism bill on Friday, October 26.

How does this bill defeat our purpose? By infringing upon the privacy of Americans and by edging out freedoms we enjoy. More specifically, according to the Associated Press, the new anti-terrorism bill increases federal officials' power to tap phones, including roving wiretaps which can move to any phone an individual uses. Federal officials can also monitor e-mail and Web browsing via the FBI's Carnivore e-mail tracking system. Feeling paranoid yet? You should be.

Under the new legislation, police now have additional authority to secretly search people's homes and business records. The bill also allocates \$36.8 million to build a database program before the end of this year that will track the approximately 600,000 foreign students attending colleges in the United States. One of the most alarming portions of the bill allows the attorney general to arrest and detain any foreigner suspected of terrorism for up to seven days **BEFORE** they have even been charged with a crime.

An October 26 poll featured on America Online posed this question: "Does the new anti-terrorism bill give police too much power to investigate Americans?" Of the 4011 responders, 67% believed that the bill didn't give police too much power, 20% believed it did, and 11% weren't sure. (Poll results are not final or scientific and reflect the opinions of only those users who chose to participate.)

"Why should we care?" asked Wisconsin Representative David Obey. "It's only the Constitution; it's only individual liberty at stake."

Utah Senator Orrin Hatch sided with the 67% in the America Online poll. "I don't know anybody in this country who's afraid of their law enforcement people at this time. They're afraid of terrorism."

And that's exactly what these terrorists want. First, they want us to be afraid. Second, they want to destroy the freedoms and privacy that the United States Constitution guarantees its citizens because of that fear.

Some people say that desperate times call for desperate measures. I disagree. It is desperate times like these where we need to cling to the core values that this country was built upon—liberty, justice, equality—not abandon them in the face of freedom-bashing terrorists.

Others say that by passing these laws to help weed out terrorists, we are preserving freedom. But we are killing freedom. We are a scared and paranoid nation, flinching at every shadow and every snapping twig. And for good reason. But that is no excuse to begin clipping out sections of our Bill of Rights like coupons in the Sunday paper.

Mostly, people think that the new anti-terrorism bill is a step towards defeating the enemy. I think it is a step towards defeating ourselves. The terrorists want to destroy America. They want to destroy America as you and I know it. America the beautiful, the free. By signing away American freedoms, we destroy our country and the values our country has been built upon. By passing this bill, we have won the war for our enemy.

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Worldview Columnist - Gina Wahlen

Blonde Review - Tara Hartwick

Blonde Review - Heather Kampf



What is in Store for Food Service?

Brian Adams

Shorter lines, more options, longer hours. This is what the first major cafeteria-rebuilding project in 40 years promises to bring to Union's campus. This project, which was presented to the student body during convocation on Tuesday, October 24, is the culmination of years of planning.

"I was very impressed with the plans presented at chapel," said Junior Zeb Meharry. "It is obvious this project was well planned."

Pat Parmele, Food Service Director, was glad to hear that students realize the amount of work that went into planning the new food service experience. "We thought about the students in every aspect of the new design," Parmele said. "We wanted eating at the cafeteria to be both time effective and entertaining. We envision the new cafeteria as a place to socialize, relax, and enjoy the mealtime experience."

So how will the new cafeteria accomplish this worthy goal? The new cafeteria will be set up in eight sections: hot entrée, salad, beverages, deli, smoothie bar, pizza/rotating food bar, and bakery. As you enter the cafeteria, you will be able to make a beeline for exactly what you crave, instead of waiting in line. As you approach your section of choice, you will be greeted by the sights, sounds, and smells of your food being prepared right in front of your eyes.

continued from cover...

fact that a herd of termites inhabited the shower.

One of Bongard's most vivid memories is visiting the Volcan Poas, which is an active sulfuric volcano. The students conducted their observations of the volcano from a lookout tower in order to avoid inhaling toxic fumes. For her travel writing class, Bongard remembers being asked to describe, in the most poetic language possible, the feeling of staring over the ledge and into the immense crater.

For field biology, Bongard remembers learning about a completely different ecosystem. The group paused at national parks and national rainforest reserves to observe spiders, frogs, snakes, and other animals in their natural habitat.

Union students also learned about another culture. For meals, the group ate out a few times at Chinese and Peruvian restaurants, but they usually went to the

With your choice of cuisine in hand, you will head toward the cashier where your food may be charged by either item or weight, depending on what it is. This charge system prevents waste by charging a student for only the amount of food they choose. Food service options will vary throughout the day from 7:00 a.m. - 10:00 p.m.

After you have paid for your meal, you will enter a dining room where, according to Dr. Smith, "only the support beams will be recognizable." The north end will be converted into a student lounge and separated from the dining area by doors. It will have both booths and televisions. Regardless of where you choose to eat, as you exit, your tray will be put on a conveyor belt and magically disappear. That's right, no more ugly roller carts or the occasional snacking off other students' leftovers.

Construction on this new project will begin during Spring Break 2002 with hopes of completion in August 2002. As construction begins, the use of current cafeteria facilities will be lost. Therefore all meal service will move to Woods Auditorium and the current Chat deli area. The Clocktower will continue to follow this story and update you when information about revised food service during construction is available. ✨

open markets to buy groceries. "Spend a dollar, get more than you can eat," according to Bongard, of "the best food in the world."

One of the most rewarding aspects of the trip for Bongard, however, was making new friends and becoming better acquainted with the others on the trip. Bongard says it was interesting to see how everyone's personality was highlighted in what they chose to study.

For anyone who is interested in the trip, Bongard recommends talking to Dr. Abbey, Mr. McClelland, or Mr. Robison.

Sponsored by:

Biology, English and Arts Departments.

Cost: \$2,200 (includes tuition, transportation, accommodations and food).

Choose from courses in: Tropical Field Biology (BIOL 207/307), Travel Writing (ENGL 295) and Art (ART 295/495).

For more information contact: Don Abbey, Mark Robison, or Jim McClelland.

2002-03 Union Meal Schedule

Monday thru Thursday.

7:00 - 10:45 a.m.

Breakfast Entrees	Waffle Bar
Omelette Bar	Bakery
Dispenser/Bottled Drinks	
Cereal/Milk	

11:00 a.m. - 2:00 p.m.

Hot Entrees	Deli
Bakery	Cereal/Milk
Food Bar	Salad Bar
Dispenser/Bottled Drinks	
Smoothie Bar	

2:00 - 4:00 p.m.

Bakery	Salad
Smoothie Bar	Cereal/Milk
Dispenser/Bottled Drinks	

4:00 - 6:30 p.m.

Bakery	Salad
Hot Entrees	Pizza
Deli	Cereal/Milk
Dispenser/Bottled Drinks	

6:30 - 10:00 p.m.

Bakery	Salad
Hot Entrees	Pizza
Deli	Cereal/Milk
Dispenser/Bottled Drinks	

Friday

7:00 a.m. - 2:00 p.m.

As scheduled above, except deli and smoothie bar will be closed.

5:00 - 6:00 p.m.

Hot Entrees	Bakery
Salad	Drinks

Sabbath

1:00 - 2:00 p.m.

Hot Entrees	Bakery
Salad	Drinks

6:00 - 7:00 p.m.

Stir Fry to order	Bakery
Salad	Drinks
Cereal/Milk	Smoothie Bar

Sunday

10:00 - 11:30 a.m.

Bakery	Hot Breakfast Food
Omelette Bar	Waffle Bar
Cereal/Milk	Drinks

12:00 - 10:00 p.m.

Bakery	Deli
Pizza	Cereal/Milk
Drinks	



A Glance at the Boys' Dorm Pastors

Anitra Reynolds

PRESCOTT & CULVER HALLS- Matthew Wall. Jason Donovan. What do these two names have in common? Why should they be important to you? Do they both go to Union? Yes; but there is something else . . . Give up? Yes, they are both from really cold places, and yes, they both like the Vikings, but most importantly, they are both dorm pastors.

"I don't really remember how I became dorm pastor," said Wall. "I think that I wanted to, and I think Pastor Rich asked me. No wait, I think that I asked him." Nonetheless, Matthew Wall is Prescott's dorm pastor.

Wall comes from Wahpeton, North Dakota. He is 20 and a Biology Pre-dental major. He likes to golf, fingerpaint, make pottery, synchronize swim, and collect rocks. As the dorm pastor, Wall sets up Bible studies in Prescott and "helps other guys in their Christian walk.

"I like to help other guys better understand their Bibles," says Wall. He also plans to set up 15 minute meetings on Wednesday nights where some of the male staff come to Prescott and talk about how they became Christians and how their walk with the Lord is now. He would like to call it, "How To Be a REAL Man." Wall says, "I have a soft, warm couch in my room, so just stop by and have a chat."

Jason Donovan comes from Cambridge,

Minnesota. He is a 22-year old Junior Religious Education major. He enjoys training for marathons, sailing, and if he gets a good book, he likes to read. Donovan is a bit more clear on the "becoming Culver's dorm pastor" process. "I was casually asked by Pastor Rich this last summer as I was walking back to my apartment, and I decided to take it," says Donovan.

Donovan conducts hall worships, attempts to visit all of the students in the dorm, and is in the process of getting Bible studies and prayer groups going. On top of all the dorm pastor requirements, Donovan loves to eat at the Tandoor, he also loves maple-nut ice cream, and peanut butter chocolate chip cookies. "Only the ones made by my mom," says Donovan.

About Union, Donovan loves that the teachers are interested in more than just your grades. He feels that they are genuinely interested in your personal lives. If Donovan had one wish, it would be to become a surgeon, because "there is just something about working with your hands to fix people that is really exciting to me." *



Matthew Wall, Prescott's dorm pastor, enjoys golf, fingerpaint, collecting rocks, & helping guys understand the Bible.



Culver's dorm pastor, Jason Donovan, loves that Union's teachers care about their students.

Photos by Tiffany Lake

Pauline Deeb Takes 2nd at State Competition

Tracy Faber

Union College student Pauline Deeb placed second at the annual MTA State Competition in Omaha. The competition was held on October 28 and consisted of anyone on a collegiate level that wanted to compete. "Most of the kids that I competed against were music majors at universities, so I kind of felt out-numbered," stated Deeb, Junior Communications and English major. Pauline played four different compositions that included two Chopin pieces, a Concerto by Beethoven, and a piece by Debussy.

Along with participating in the State Competition, Deeb also held a recital for Union on Tuesday, October 23. The concert consisted of three of the pieces that she played at the competition, with

the exception of the Waltz in E minor by Chopin. Jodi Wall, a Junior Public Relations major, went to the concert. "I really enjoyed watching (Deeb) play her pieces," said Wall. "She seems to really enjoy playing. She did an excellent job." *



"Some of you may be wondering if I can play the piano in these shoes," said Pauline Deeb at her recital in College View Church, "but I can."



ESL Contract Teachers Thankful for Time Abroad

Carrie Purkepile

Nearing the workforce, college students struggle to find a niche that will fit them for the rest of their lives. But once placed in the real world, many graduates opt for something other than what they had planned in college. The contract teachers in the English as a Second Language Department are excellent examples of later-in-life career changes. Carol Leonhardt graduated with a Bachelor of Arts in Chemistry and a minor in Mathematics. Her last several years, however, have not been spent in Jorgensen Hall, but in the ESL office of Union College. She has been teaching English classes since 1998. She has currently reduced her class load to one class (Entry-Level Speaking and Listening) and is working as a contract teacher. But this isn't just a vacation. Leonhardt is working to complete her Master's degree in Education with a concentration on Instruction and an emphasis on teaching English as a Second Language.

Two other contract teachers for ESL, Janya Mekelburg and Linda Vollmer, both graduated with degrees in Secondary Education with an Emphasis in Home Economics. Linda Vollmer went on to receive her Master's Degree in the same area.

Interestingly, all three women have experience living, studying, or teaching overseas. Leonhardt spent seven years in

Taiwan as a missionary, where she "unofficially" taught English to eager students. ESL Department Director Peggy Wahlen asked Leonhardt to begin working in the department after hearing her mission presentation.

Mekelburg, who now teaches Speaking and Listening Level II and Beginning Writing, lived for a year in Indonesia and then another six months in Korea.

Vollmer studied in Germany for two years, then, with her new language skills she went to Vienna, Austria, to open and operate a vegetarian restaurant. When asked if she believes that overseas experiences correlate with the decision to work with second-language students she answers affirmatively: "I think because I studied a foreign language like they are doing, I have a certain empathy," she says.

Various members of the staff find it "appalling" that college credit is given for beginning French, Spanish or German, but none is given for those who pass the strenuous ESL courses. The department is working toward gaining an academic respect for the accomplishment. These teachers respect them because they know how difficult it is to learn another way to speak and live. Says Vollmer, "Learning a foreign language takes a chip off of our arrogance." *

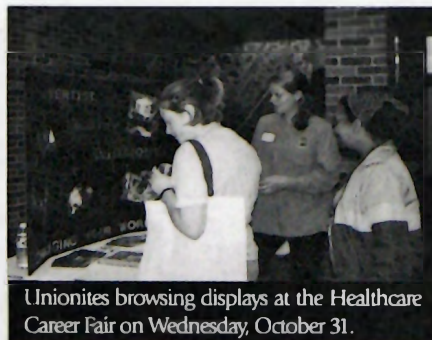
Candy and Career Opportunities

Anna Hartfield

Tables full of candy and career opportunities lined the atrium Thursday, November 4. The healthcare, math, and science career fair, sponsored by the UC Career Center, brought in 17 employers and four graduate schools to visit with Union students.

While the fair was primarily for those in the health and science field, many students stopped in to see what was available. They found a lot of information and many helpful presenters. "The {presenters} were really nice, it's not like they pushed their information at you; they were just there to help with any questions you had," says Sophomore Angela Bolejack.

There were 130 students present during the fair. The next career fair will be for business and computer science on November 14.



Unionites browsing displays at the Healthcare Career Fair on Wednesday, October 31.

Unionaires Attend Choir Festival at UNL

Tracy Faber

The Unionaires, under the direction of Dr. Dan Lynn, attended the Nebraska Intercollegiate Choral Festival on October 28. The festival was held in Kimball Hall on the UNL campus and consisted of choirs from all over the state.

"It was nice to hear the different styles of singing from the other choir groups that were there. The men's choir was awesome," said Haylee Valentin, Sophomore Biology major.

The day was spent listening to all the choirs perform and getting advice from Dr. William Hatcher, a world-renown choir conductor from Grace University.

"(Dr. Hatcher) was excellent. He had great advice that was very helpful and useful," said Lindsey Ford, also a Sophomore. The festival ended with a number composed by Dr. Hatcher's wife, and performed by everyone who participated in the festival. *

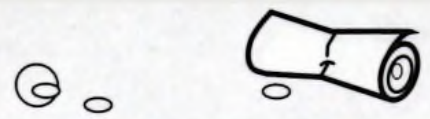
Check Out Your Options

Tracy Faber

Campus Ministries is looking for fresh faces to explore the world and minister to those abroad. With second semester fast approaching, now is the time to get information about becoming a mission worker.

"Anyone that is thinking about being a Student Missionary in the near future should at least go and look at the options," said Naomi Woods, a current Student Missionary in Australia, "I didn't know exactly when or where I wanted to go until I saw this opportunity."

Anyone thinking about becoming a Student Missionary or Task Force worker should contact Campus Ministries. They have all the openings and other information needed. *



AdventSource: What Do They Do Down There Anyway?

Laura Kelley

Fifty-three percent of the employees at AdventSource are students. Forty-one percent of those are from Union College, the rest from College View Academy. Shocking percentages for a company that is seldom heard of by Union's students.

Although the sign over the door is small, much goes on inside. The company is the local hub for international church and Pathfinder needs. They offer everything from Pathfinder honors and Adventurer club supplies to church leadership and community service material. They ship to churches and individuals all over the United States and overseas.

Starting at AdventSource while in college is just the beginning for some. Bruce Griffith, Senior Accountant, has

worked there for 15 years. He was a student for three of those years and decided to stay after he graduated. Working here gives you a "sense of being involved in a ministry to hasten the Second Coming," says Bruce.

Students work in nearly every department, including Creative Ministries and the Accounting department. Most of the job opportunities for students lie in the shipping and production departments because of their flexible hours. "It's monotonous work; students need shorter shifts to break things up," says Mike Luke, Production Department Manager. This arrangement works perfectly for the both managers and the students.

"I love working here!" says Cassi Cox, a freshman who has been employed at

AdventSource for about two months. She works in both the shipping and production departments. "They tell me where to go and I go," she says.

There is a variety of ages and cultures at AdventSource. Every day brings a chance to witness to customers as well as coworkers. This is a ministry, and Union students are able to play a big part in it. ✦

AdventSource Tibits

- They originated 20 years ago.
- They are a non-profit company.
- They utilize network organization, meaning that they connect with people who have a product and then partner with them to distribute that material.
- In 1999 they expanded with the addition of their website.
- Director: Brad Forbes
- Location: Behind Prescott Hall, on the southwest corner of the Don Love Building
- Phone: 402-486-2519



We've all seen the sign on the building just behind Prescott, but what goes on inside?



Alison Christensen and Aaron Purkepile are two of the 53% of AdventSource employees that are students.

Photos by Tiffany Lake

Senate Debates Over Crepes

Josh Leeker

Senate met last Sunday morning for breakfast and discussed some of the issues that burden Union College students and faculty.

There were several concerns that arose from this meeting.

Laundry. There are several concerns about laundry including laundry machines in Rees and possibly changing payment methods for laundry.

Computer lab and library hours. Some of the questions being asked are: Why are they closed for chapel? Would students not go to chapel if these establishments were open?

Security. Where has the security been this semester? When and where do they plan on putting a security camera in the Rees Hall parking lot?

Information Systems. One issue is

getting more accessibility for the Internet (higher bandwidth).

If you have an idea or an opinion about any of these issues, do something about it. Bring it up to your senator. Write an article in the Clocktower. Be aware. ✦



Open for Business:

New Multi-cultural Ombudsman Welcomes Union College

Nikki Larkins

Upon entering Dr. Trudy Holmes-Caines' office, one of the first things one may notice is a magnet with multi-colored hands embracing each other and bold words that say "Tolerance, Worth Reaching For." Considering her new position as Union College's Multi-cultural Ombudsman, this magnet seems appropriately placed in her care.

Dr. Holmes-Caines, a professor of psychology at Union, was appointed as the Multi-cultural Ombudsman at the end of this past September after serving as a chairperson on the Multi-cultural Committee. The ombudsman is the person who students and staff can talk with regarding multi-cultural issues on campus. Her job is to try to help people find resolution processes in situations where racial/cultural differences are the problem. For example, if a student feels discriminated against by a teacher because of cultural differences and is not comfortable handling the situation on their own, they may solicit the ombudsman to find a reasonable solution.

Dr. Holmes-Caines is excited about the growth in Union's population that has

increased the variety in ethnic backgrounds on campus. However, this also creates misunderstandings because people have to come to terms with different ways of communicating, according to Holmes-Caines. "This is not necessarily a bad thing," she says with a smile, "it's just how it is."

With the many different perspectives that Holmes-Caines may deal with, it seems inevitable that there will be times when she disagrees with the person who is asking for her support. Regarding these sticky situations, Dr. Holmes-Caines said, "... I will have to put my personal feelings aside . . . , but I will not abandon what I see."

She also mentioned that though she is not assigned to personally agree with any side, she could be used as an advocate. Most importantly, she stressed that her role is strictly confidential.

So far, the main challenge has been making people aware that her position exists. "First, we have to get people to utilize the service provided because we don't have a tradition of people going to an Ombudsman," Holmes-Caines said.

She wants everyone to know that, "We are open for business!"

Dr. Holmes-Caines can be reached in her office in the Behavioral Science Department (4th floor of the Dick Building) on most afternoons between 1:30 and 4:30, "Unless I go to the dentist," she said with a laugh. Her phone extension is #2312 and her e-mail address is trholmes@ucollege.edu.

Dr. Trudy Holmes-Caines looks forward to helping students & faculty resolve racial/culturally caused conflicts through her new role as Multi-cultural Ombudsman.



Shoebboxes for Christmas

Anna Hartfield

Shoebboxes waiting to be filled with Christmas gifts have taken over the southeast corner of the Dick Building. Campus Ministries is once again helping with Operation Christmas Child, which takes shoebboxes, fills them with everything from toys to toothpaste, and gives them to needy children worldwide.

Most people just throw their shoebboxes away. Fortunately for millions of children, Operation Christmas Child takes those unwanted shoebboxes, fills them with much needed supplies, and distributes them to needy children all over the world. Operation Christmas Child distributed 4.1 million shoebboxes worldwide in 2000.

As for Union, "Last year we had over 191 boxes and we are hoping for that many this year," says Junior Angela Mathews, who has directed the project on Union's campus for two years.

Anyone interested in participating can

pick up a box in front of the Campus Ministries office. Inside the box is a brochure with directions about what and what not to include in the box. By filling out the back of the brochure, participants can select a specific gender and age group to shop for.

"I love shopping for Christmas gifts and imagining the reaction of the people when they open it. That's why I'm so excited about this opportunity to give these children the gifts they need so much," says Freshman Meghan Olson.

Many students do not have the money to fill the boxes, so they get friends together to go shopping and pack the box together. Items vary from box to box, but generally include everything from school supplies to lollipops. Target and Dollar General are popular places to purchase gifts.

"I think it is a good tradition," says

Sophomore Aubrey Goble, who participated last year and plans to help again this year.

The deadline for the return of the filled boxes was November 7.



Angela Mathews, Director of Union's part in Operation Christmas Child, stacks unfilled shoeboxes.

Cutting Catty Conduct: Prayer Groups Connect Rees Hall

Laura Rumsey

Sixteen girls in Rees Hall are opening their doors and helping to connect residents with prayer, food, and friendship. Prayer groups started this year through the inspiration of Dayo Smith and Katie Lechler, Rees Hall dorm pastors.

Groups meet at different days and times of the week to accommodate the complicated and tight schedules of college students. Members are encouraged to share concerns of the week, discuss problems, and offer support through prayer and friendship. Groups are small but have regular attendance.

Smith's main concern for this ministry is to decrease the cattiness and gossiping too often prevalent among girls. She believes that when girls are praying for each other those tendencies diminish.

Prayer host Anna Hartfield meets with her group at 11:00 p.m. on Friday nights. She was part of a prayer group last year that she really enjoyed, but felt it was getting too big. She wanted to start something with girls on her floor. "It's nice to have somewhere to go at the end of the week to talk about problems," Hartfield said. "But I probably wouldn't have started it without Dayo and Katie initiating it."

While each group determines their own

format (some include Bible study), Hartfield's members spend their time talking about the week, telling about good and bad points, sharing struggles, and taking prayer requests.

"[We wanted] something a little different from the normal faces you see leading out," Smith said. Smith and Lechler provide all girls with the opportunity by creating an environment where it's easy to get involved. "It's their ministry," Smith said.

The ministry consists of prayer hosts (girls who facilitate prayer and discussion in their rooms), feeders (girls who provide snacks and drinks for the groups), and the rest of the girls of Rees Hall, who are welcome to join any group they want.

Hartfield feels that having this prayer group has changed her dorm experience. Following Smith's suggestion of inviting new faces in the laundry room or on the sidewalk, Hartfield has been inviting people she didn't know. "It helped me to get to know girls I wouldn't have otherwise gotten to know. I feel more connected." *



Rees Hall dorm pastors Katie Lechler and Dayo Smith have initiated prayer groups to cut the catty behavior and gossip that can easily happen between girls.

Photo by Tiffany Lake

Prayer Hosts

Anna Hartfield-Friday 11:00 p.m.
Angie Bolejack & Danielle Coggins -
Monday 9:30 p.m.
Crystal Schauer-Wednesday 9:30 p.m.
Kelli Biggs-Thursday 1:00 p.m.
Kelly Deubel-Thursday 9:00 p.m.
Kelly Hauck-To be decided
Kim & Kristen-Eddy Wednesday 11:00 p.m.
Michelle Berry & Melinda McKenny-
Friday 10:00 p.m.
Nina Smith-To be decided
Stephanie Carlile & Pauline Deeb-
Friday 11:00 p.m.
Stephanie Vercio-Monday 9:30 p.m.
Yara Gomez-Thursday 10:00 p.m.

The Next Adventure in Sabbath School

Laura Rumsey

Next Adventure is a new contemporary ministry from College View Church. Led by Young Adult Pastor Shannon Minick, it is specifically designed to minister to young adults in the community and attract non-believers.

The Sabbath School, which was officially launched on September 15 of this year, meets at 10:30 a.m. Sabbath mornings in the basement of Rees Hall. The mission is to "actively involve young adults in the adventure of knowing Christ." The motto: "It's not a spectator sport."

As a full ministry, Next Adventure focuses on spreading the gospel to the community. While Next Adventure welcomes all young adults, Minick said its target group is those working in the community or attending public colleges.

"We want young adults to spread the gospel to our community," Minick said. "We hope that as the ministry grows, it will simply show that we are on fire for the Lord and working to the best of our ability to share His love with our world." *



Word from the
Religion
Editor

By Seth Pierce

Mozart and Slimjims

"Carry each other's burdens, and in this way you will fulfill the law of Christ" (Gal. 6:2, NIV).

I just can't help but wonder if anyone has experienced that magical state known as "stress" these past couple weeks. Oh, the bliss it entails and it works through so many delightful mediums, most of which come under the heading of academics. Even in kindergarten, we encountered it when that darn paste wouldn't make our magazine clippings stick to the construction paper. Moving onto high school and college, we experienced midterms, finals, term papers, on top of other areas of life that enjoy giving us an all expense paid trip to Lord Have Mercy Land.

This past week, (due to a Daniel paper, Greek 2, and many other glorious projects) I was beside myself and lacking sleep. There was nothing anyone could do about it. Except my excellent friend Dustin Krassin. He was staying with me over gymnastics weekend and I needed a good

friend. Now he didn't solve my problem, or exchange his for mine. He simply listened and helped me carry the stress just by just knowing all about it. So we got junk food, stayed up late Friday night, and conducted Mozart with a couple of Slimjims (Hey I'm not the CABL director.) We joked and had fun. And I felt better and had a fantastic weekend.

The Scripture says to "carry," not solve, not take away, not heap on yourself, but carry each other's burdens. Let's lighten the load on campus simply by being there for people. Listen to them, give them a hug or a smile, direct some Mozart with a Slimjim (or a piece of Frichik). I guarantee, just knowing you have someone there with the stressful times will put life in perspective. And remember Christ is the best friend we could have, and He always knows what is going on. ✳

Discoveries From The Campus Ministries Office

Seth Pierce

1. Nick Owens trained Jonas the fish to jump.
2. Office supplies are missing... we suspect
Josh Leeker.
3. We think that someone is stealing food from the Student Missionaries boxes...
Remember, the Lord is watching you.
Shame.

Student Missionary Letters

Danielle Gerst

Hello, Union! You may be wondering what I am up to this year. I am spending my year at Campion Academy in the beautiful state of Colorado. Campion has a Literature Evangelist program which is part of their work/study program. As Assistant Director of this program, I spend my days teaching 21 students how to be effective workers for God in the field of door-to-door work. I am working with two other leaders. We have a morning and afternoon shift, consisting of about 10 kids each.

I would recommend taking a year off and serving God in whatever capacity He calls you. He is teaching me a lot of lessons: how to be a more effective leader, how to glorify Him in all I do, and much much more.

Last Sunday, God showed me once again why I am working door-to-door for Him. As I walked up to this particular house, I noticed two men washing a car. I spoke to one of them. "Hello, my name is Danielle and this is Tim. We're working on a school scholarship project..." As I began my

canvass a lady walked up and started speaking to the other man. I was very distracted by this but kept talking. The gentlemen I was speaking to finally directed me to his wife. I was sure that the "sale" was lost. But God was teaching me a lesson. The wife invited me into the house. She was very interested in the cookbook and Peace Above the Storm (Steps to Christ). With prompting from me and the Holy Spirit, she also picked out the Great Controversy.

As we left, I was impressed to have prayer with her. Looking at her husband, she said in a hesitant voice, "I don't think so." I silently prayed that her husband would not give her trouble as she searches for God.

When the situation looks impossible, trust in God. He can see the whole picture. He knows what the outcome will be. He has the best in mind for us. And he wants us to share the joy we have in Him with all we meet.

May God bless you as you serve Him this year at Union. ✳

Spiritual Top 10

Top 10 Parallels Between the Golden Corral and the SDA Church

10. People attend on Saturday, Friday nights, and even Wednesday evenings.
9. They are about service.
8. There are people who lead you to your seats.
7. They started in the United States.
6. People from diverse backgrounds attend.
5. They're expanding.
4. They have a website.
3. Visitors are always welcome for service.
2. They need offerings to keep going.
1. The Golden Corral and the General Conference have the same initials (GC).

Diary of a Homesick Girl

I'm drowning in debt. It hangs over my head like the sword of Damocles, threatening destruction. The stifling feeling of fear twists my stomach in knots and suffocates my life.

I have a time deficit. I owe myself about 20 hours of studying, 48 hours of sleeping, and 100 hours of pure socialization. I'm not sure how I will ever pay that off. I'm only allotted 24 hours a day. Either I will go crazy saving minutes here and there like pennies for laundry-so many fractions of time-or I will write off the debt. Right now, just writing it off sounds good.

I do this often during Christmas break. First semester has been hectic and full of activities, assignments, and accomplishments. On my glutted To-do list repose all my unfulfilled duties, leering at my like crazed tax-collectors. I realize that the finals have come and gone and

nothing I do can change my grade-set now on tablets of unforgiving stone.

Relieved, I short-circuit the normal workings of my spinning mind and allow myself to forget that put-off paragraph for Fitts, to ignore that undone Rhetoric analysis. I consciously release myself from the chains of lacking worship credits and occasional missed meetings. After finally letting myself off, I experience joy, wonder, and the beauty of boredom again. I have time to waste, and it seems more full and alive than ever.

During the school year, time is a tangible and all-too-limited substance. We sculpt it and mold it with the greatest of economy, hoping it will stretch to cover all our needs. We map time out like a landscape on which we build our lives. But during break, time is limitless,

overwhelming, revitalizing.

Christmas takes on a new, freeing meaning for college students perpetually trying to play catch-up. Oh, I know that Christmas already has a wealth of meaning behind it. And maybe this is unrealistic for the majority of you. But Christmas holds more than just holy "Hallelujahs" for me. My God is a practical, personal God who wants me to relax now and then. He blesses me with chunks of nothing, and it is heavenly. During Christmas, I celebrate my time off almost as enthusiastically as I celebrate the holiday itself. I relish the time with family and friends. My worship isn't regulated by higher authorities. My sleep time isn't dictated by have-to's or should's. My food isn't manufactured by a cafeteria. And I can breathe His air again.



Construction Plans Pending for Spanish Church

Lorie Escobar

Plans to begin construction on the new Lincoln Spanish SDA Church are still on hold as members hope to meet their financial goal. Letters to the community and a night of dinner and entertainment are a two of the fundraisers that have been held by the church to benefit the project. Pastor Bolivar Tejada said that currently fund raising is being concentrated with the church's own members to increase funds for the new church.

Three years ago, the congregation felt a facility that would accommodate its growing numbers was needed and decided to sell its current place of worship and purchase a plot of land for a new church.

Silver Bell Estates was chosen to be the site for the 2,500 square foot building which is located at SW 12th and Old Cheney. Blueprints were drawn and through the generosity of Art Director Jim McClelland, a rendition of the future building was donated to the Spanish Church.

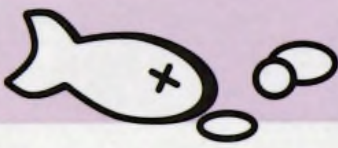
Presently, members meet in the College View Academy sanctuary located at 5240 Calvert Street each Saturday at 9:30 a.m. While this meets the church's basic needs, there is still a strong desire among members to have their own place of worship. Sabbath school teachers state that it is especially difficult to not be able to have a place of permanence for the

children. Materials must be carried to and from church each week.

Tejada says that construction should begin in two years. Although the idea of building a smaller church than first planned has been discussed, nothing is definite. He also said that new fundraisers have been planned to reach out to the community for help.

Donations can be sent to :

Lincoln Spanish SDA Church
Church Building Fund
PO Box 6458
Lincoln, NE 68506-0458



The Bittersweet Fifteen

Michael Paradise

There is one freshman topic so HUGE, it can't be avoided. It is typically the MEAT of a freshman's problems. I'll no longer attempt to get AROUND it. You guessed it, the Freshman 15!

Many young men and women start their first year of college with a fear of gaining weight. Why? Because they've heard horror stories of people who have gained exactly fifteen pounds during their freshman year.

First of all, it should be said that there are struggles that are much more important than that of weight gain in the freshman year. The more important battle is not over the thickness of your skin, but the depth of your character. However, some people do face difficulties in gaining weight.

So what's at the core of the problem? Dietitian Doug Thomas said in a recent article on this topic from the Omaha World-Herald, "Food is abundant and available at all hours and parents are far away." These are a couple of reasons why freshmen are challenged in their tiring struggle to avoid weight gain. Now, our

cornhusking peers on the north side of town have such hazards as Burger King, Subway, and Imperial Palace Express right on their campus. But Union has no such obstacles like those. So what do we have? I'll give you a hint:

CHUBBY + FAT = ????????

No, it's not fubby! It's the CHAT!

Now, I'm not saying that the occasional smoothie, fries, or Chatburger isn't O.K., but when combined, OUCH! As freshmen, and even upper-classmen, we should make a conscious attempt to eat healthy foods. When you stick to good ol' fruits and veggies, you have room to occasionally splurge.

In my home, we try to eat balanced meals, but we are Italian! Once a year, my father spends a Sunday morning whipping up his "World Renown Fettuccine Alfredo." He uses whole milk, heavy cream, and good cheese! Needless to say, you're better off eating it in the emergency room at Bryan. That way, when you're finished, they can perform an angioplasty on location! Isn't that convenient? Now, once a year is fine. In fact, we fast for about

a week-and-a-half before the meal. (Wow! A delicious meal and a spiritual blessing!) But if we did that, say, 5 times a year; you wouldn't know me as the fine-tuned physical specimen that I am now. I'd probably more closely resemble the Marshmallow Man from Ghostbusters! (Who ya gonna call?)

One thing to remember is that you shouldn't dwell on what others think of you. I have a relative (we'll change her name to Anita) who went to visit her great aunt. Anita was skinny, and she ate little. When her aunt saw her, she said, "Anita, honey, you're so thin! You eat like a bird!" But then, two years and one child later, Anita went back to visit, thinking she had ditched her 'bird' status. Her aunt greeted her immediately with, "Anita, you got fat!"

So you see, it is not important what people think of you, but rather what you think of yourself. Why hunger for a slender figure when we should strive to build better characters?

Remember this: Regardless of the size of your body's frame, just be sure there's room for Jesus inside. *

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402 - 474 - 2335

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Winter Fashion Secrets Revealed



Stephanie Carlile

Well, Unionites, it's that time again . . . time for cold weather, warm sweaters, and fuzzy fashion! The chilly weather always makes us want to cuddle up to that special someone with a hot cup of cocoa. However, the question looms in our minds, what would make this romantic rendezvous stylishly successful?

Sweaters continuously provide a plethora of appealing, yet comfortable, choices. Chunky turtleneck sweaters are surging to the forefront of fashion this year. Both males and females can sport this hip number.

Jean jackets are perfect for cool fall days. They can be added to complete and complement practically any ensemble. This fashion item is a great option for those who want some protection from the cold but still wish to be chic. This piece also crosses the gender line by looking fabulous on both sexes.

Winter outerwear is often left on the shelf and only brought out for use on the slopes. We suggest dusting it off to accent everyday outfits. Hats, scarves, mittens, and gloves can add funky fun to a blah winter closet. Try buying eccentric colors to spice up a functional coat, and guys, don't be afraid to experiment with these items.

If think you have to give up your sunny summer wardrobe, think again! Wear these items both under and over warmer clothing in order to achieve that layered look. This look is incredibly versatile and practical. When coming into the warmth of a classroom from the blustery outdoors, your fashionable side can shine even as you peel away the layers.

We hope you find these suggestions helpful as you plan your winter wardrobe. Remember having fun and feeling comfortable are the most important elements of fantastic fashion for any season.

Wake Up to Winter White Make-Up:

1. Try Maybelline's new nail polish, Snow Globe.
2. Brighten eyes with shades of white shadow.
3. Shimmer and sparkles do wonders for winter blahs.
4. Tantalize your senses with the sweet, holiday smell of Bath and Bodyworks lotion in Sugar Cookie.
5. For those who want to try something a little different, Caboodles offers a wide range of white lipsticks and glosses.



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Answers for the Crossword from pg. 24

NANNY OPPORTUNITIES! Immediate placement with families that offer great salaries, room/board, travel opportunities and much more! Childcare experience and enthusiasm a must. Call goNANI at 1-800-937-6264.



I Feel Your Pain

Cassie Milnes

Sometimes, it seems like I have more conversations with my friends via instant messenger than in person. Why? Because I am a journalism major (and a member of the illustrious Clocktower team) who does not own a computer.

Of course, I am not the only person in this predicament. When spending late nights in the microlab, I can easily tell who the others are . . . those with wild-eye looks of desperation as they madly attempt to cram all of their thoughts onto the page before the microlab operator sends the inevitable words flashing across the screen:

"We're closing in ten minutes, please vacate the premises."

Now, I am going to answer some common questions asked of us who do not own computers. First of all, if you wish to locate us in the evening, the microlab is a good place to begin your search. Second, no, we do not enjoy spending so much time here.

Visions of myself behind the wheel of my very own automobile (automatic, not manual) have been replaced by dreams of lounging in front my own computer screen in my own room, enjoying fig



Newtons, drinking . . . decaf and listening to anything but country music. If anyone reads this and feels sorry for me, I am accepting donations in the form of computers. If my mom is reading this, please remember that my birthday is December 21. If Santa is reading this, please remember that I have been a very good girl this year. And for those of you who share my plight, please remember that I feel your pain.

The Blonde Review: Dirty Soap Operas

Barbie and Bambi

So, Tom Fraga was bored. And lonely. And dirty. No, that's wrong, his clothes were dirty. What's a guy to do in a situation like this? Go on a date, of course! Five minutes later he called Barbie and Bambi and the three of them grabbed their dirty laundry and headed down the street to Soap Opera Laundry (Pioneers and 46th St.) for the date of a lifetime.

They walked through the glistening glass doors, and lo, before them a vast array of priceless (and numerous) washing machines stood empty, waiting to be filled with dirty shirts, shorts, socks and underwear (umm, and whatever else you might have). And just across the room was an entire wall of dryers! No more of that waiting in line stuff. They couldn't help but think. My clothes might actually still be my size by the time this is all over! No shrinkage!

After the clothes were spinning safely in their respective machines, the three couldn't help but notice the gnawing hunger growling inside their empty tummies. Why not get some chow? After

all, a date isn't a date unless food is involved. So down the street they drove until they hit a Dairy Queen, the perfect spot with hot eats and cool treats. There they purchased inexpensive and tasty dindins before starting back to the Laundromat where their clothes were ready and waiting to be folded and taken happily home.

Bambi: What a great date, and not far from school. It was fun and productive all at the same time! You can't say that about too many things. My clothes were clean, they didn't shrink, and it didn't cost much more than it does at school. And the food oh, the food! I love food. I love it so much. God really knew what He was doing when it came to food. Aside from the servers being close to death (they were rather old and slow), it was perfect. I give it *****, without a doubt.

Barbie: Okay. Can we say yucky? I am so totally not cool with the whole laundry thing. I mean, come on, whatever



happened to the normal life where Daddy gives you his credit card to buy as many outfits as you want? That way you can just wear something once and throw it away. Now that's what I call doing laundry. But . . . our clothes didn't shrink and the company was unbeatable. So I guess it wasn't too bad. Besides, they had a TV there and I got to watch Road Rules. I give it a ***.

Tom: That was far out, solid, and right on.

Blonde Review:

- ***** : Great from the Get Go
- **** : Thumbs Up
- *** : If You've Got Extra Time
- ** : Best of Luck
- * : Better Off Dead

I Don't Like Bananas

John Rivera

The Truth on Life in the Aloha State

I don't live in a grass hut. Sorry to break it to you. In fact, grass huts don't really exist anymore in Hawaii, at least besides in museums and such. I live in a condominium on the eighth floor. The view from my window overlooks a mall (and Pearl Harbor).

Yes, we have McDonald's. I know what fries are, and to set the record straight, I think poi (a traditional Hawaiian food made of mashed taro root and water) is disgusting. I speak the same language you do. I know English. "Aloha" isn't a regular part of our vocabulary either, well at least for most people. We don't say it instead of "Hello" or "Goodbye." We say "Hello" and "Goodbye" too; and yes, my grandparents were immigrants, but your ancestors were, too, at one point.

Sorry to burst your bubble, but I don't go surfing regularly. To tell you the truth, I hate the ocean. Imagine how many whales pee in it every day. I don't like bananas; I could do without coconuts; and pineapple on pizza definitely isn't a Hawaiian thing.

Not everyone wears aloha shirts or grass skirts, and the phrase "I got leid in Hawaii" is getting really tired guys.

Furthermore, don't get mad or shocked when I say, "Wow, it's getting cold!" when it's 65 degrees outside. That is cold for me. Remember, we don't have winter, and I don't own a pair of long johns.

My island has over a million people on it. That's right—over a million. That's not including tourists. There is one car for every 27 feet of highway in Hawaii. We have the second largest outdoor mall in the world. And if there's a war with anyone from Asia or the Pacific, guess which state gets nuked first? That's right, Hawaii. We're more important than you thought. We're not so little after all. Did you know we have enough arsenal on our island to blow it up several times. Why? We're the last point of military defense in the west before a world power hits California.

Don't get me wrong, either; we love being part of the United States. We fought for statehood. We love America. USA all the way! We just want to be included. So when you visit and are returning home, don't say, "I'm going back to the America now" or "I'm going back to the states." It frustrates us because Hawaii is in America,

Hawaii is a state!

What I'm trying to say is that there's a world of diversity out there. Learn about it. Embrace it. There's a world that's far greater than Lincoln, Nebraska, or Denver, Colorado, or even Honolulu, Hawaii.

In Academy, I tutored Japanese students in English and History. You might see English as a Second Language (ESL) students walking around seeming ignorant or lost, but imagine what they're doing. Imagine how you would be if you went to Indonesia and learned Indonesian History in Indonesian. ESL's amaze me with their zeal for learning. They put themselves out there into an entirely foreign situation just so they can learn about our culture. Shouldn't we try to learn a little bit about theirs?

So, when I go home to Hawaii this Christmas, I won't be going home to snow; but likewise, I won't be going home to surf or to lay on the beach either. After all, 65 degrees is way too cold to be lying out on the sand.

Nobody Loves Me

There is Never Enough Mail

Suzanne Current

I hear it in Prescott, in Culver, in Rees. I even say it myself: "Nobody loves me." Of course, this isn't caused by couples loitering in the lobbies or a horrendous homework week. Or even . . . well, my roommate says I can't say that. This little phrase accompanies the daily ritual of checking the mailbox. I manage to do this at least four or five times a day. My roommate says I am obsessed. Imagine me shrugging.

Anyway, the phrase "nobody loves me" is so common. Although a friend once told me that I was loved, people who love me have been delinquent in sending me mail. This is probably a reference to my grandma, who has yet to master a computer and has the worst handwriting ever (even worse than Dr. Fitts or Mr. Nash). Not that I don't love getting mail from her, just that deciphering it gives me a headache.

Which brings me to the reason that I write these lovely words. How can I be loved? Meaning, how can I receive more mail? This also has to take into account that I am a college student...I am low on dough. So I have come up with the perfect solution. My roommate says she helped. If all this seems like too much work, don't complain to me when you don't get any mail.

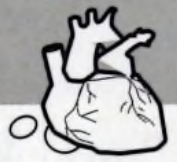
Don't Got Mail? Try This:

Not Strapped for Cash Options

- Subscribe to your favorite magazine.
- Join a music, movie, or book club.
- Mail yourself letters and packages, but only if you're truly desperate.

Strapped for Cash Options

- Write your grandma. This could get you a purple package slip.
- Write your siblings, parents, or long-lost high school friends.
- Go online and sign up for catalogs. (Note the difference between magazines and catalogs: one you pay for and it entertains, the other is free and tempts you to pay.) Try these catalog-friendly sites:
 - www.freebieclub.com/index.asp
 - www.catalog-mart.com
 - www.sycast.com/catalogs/
 - www.free-freebies.com/freebies/catalogs
 - Always read the fine print.



Home Remedies

April Nielsen

What do you do when you have been attacked by an evil illness? Why not try some natural things to help ease the pain of common colds and flu? These "home remedies" are not proven, but for many people, they seem to work by either curing or helping to ease illnesses.

1. **Zinc.** Zinc has become a popular vitamin for helping to boost the immune system. Some research has shown that zinc seems to assist in the movement of vitamin A from the liver to the rest of the body. Zinc mostly works in the bones and helps with many of the body's enzyme reactions, which metabolize carbohydrates, fats and proteins. Also, Zinc helps the body heal wounds by assisting in cell reproduction and tissue growth. Okay, you might say, but how does this help cure my cold? I

have no idea, but it sure does help! Be careful not to take too much Zinc. Though there are no serious side effects, overdoses of Zinc can cause diarrhea, abdominal cramps and nausea, so read the recommended dosage on the bottle before taking.

2. **Echinacea.** This herb has become popular within the last few years for shortening the length of colds. I have found it especially effective when taken right as I feel a cold coming on. Echinacea is not proven either, but seems to work for a lot of people. It can be purchased at any health food store or drug stores. It comes in capsules or liquid. As with any vitamins or supplements, do not take too much.

3. **Vitamin C.** Eat plenty of oranges, drink orange juice, and take vitamin C lozenges when you have a cold. Not only does the citrus freshness of oranges make you feel more energized, but also the vitamin C helps boost the immune system.

4. **Garlic.** To help prevent colds and flu, it is recommended to eat two cloves of garlic a day. It is best to eat raw garlic, because in its raw form garlic has antimicrobial properties. These properties are good illness fighters.

5. **Steam.** To open clogged nasal passages, steam works well. If you have lung congestion, try adding thyme or peppermint to the water because it causes mucus to be released (yummy!!).

How To Be A Cold Season Survivor

April Nielsen

The morning chill surprises us on the way to class, and we shiver wishing we had remembered a coat. The blankets feel extra nice when we cuddle in bed at night. Warm drinks like hot chocolate and tea taste so much better. Welcome to autumn. Unfortunately, along with all the nice changes comes the cold and flu season. Some dread it because they know it always gets them, and some are taken by surprise when their otherwise healthy bodies are seized suddenly by Fluizina, the sickness monster (she's mean). Did you know that you can be a cold season survivor? Yes, it is true. There are steps you can take now to prevent Fluizina or Coldrilla from catching you unaware. Many of the preventive measures are routine good health procedures that, if followed, can keep you healthy year round.

1. **Sleep.** Yes, the one thing almost every student complains about is not having enough sleep and being tired the next day.

If you feel a sickness coming on, make time to sleep. It just might prevent the illness from becoming bigger and meaner. In the end, extra sleep will probably save you from having to miss classes due to being really sick.

2. **Food.** We all know how Mommy said not to eat too much sugar. While sugar and other unhealthy things that are in our favorite foods might not directly make us sick, they can be bad news for a weak immune system. Eat plenty of health foods like raw fruits, and vegetables.

3. **Water.** Yes, another oldie, but goodie. You should always drink as much water as you can during the day, but if you feel an illness coming on, double or triple the amount of water you are taking in. Water is better than almost anything else for flushing out the nasties from your body.

4. **Stress.** No, we cannot avoid it as busy

college students, but setting aside a few minutes, or hours, and dedicating this time to non-stressful "me time" can help to keep stress from pulling you down. It can also help your health. It seems that the mental health is directly related to the physical health, so if the mind is messed up, the body will be too. If the mind is healthy, the body will be too.

5. **Dress for the occasion.** Though many myths go around about whether exposure to the cold can or cannot cause illness, it is best to stay as warm and protected as possible. During the transition from autumn to winter, people often forget just how cold it is or try to prolong summer by dressing like it. Make sure to wear sufficiently warm clothing to protect yourself. This one might be another topic that deals with the mental health as well as physical. Staying warm can make your head feel good (especially if you are wearing a hat).



Microlab P.I.
Israel Knight



It was a dark and stormy night. (Note: After typing this line, Israel Knight was immediately clubbed repeatedly with a blunt object by his College Writing professor, so the rest of the column is being typed by one of his floppy disks left in the Microlab). I knew by the smell of smog in the air that something was afoot. It shot my nostrils like a .38 bullet from a Saturday-night-special. Meanwhile, the rain pattered against my darkened window like the ragged tattoo of automatic weapon fire. It reminded me that things weren't good. Business had been bad lately. Real bad.

With a knock of the door my mood changed. Business at last. Business that came in the form of a tall dame. A red headed dame. Most P.I.'s are apparently supposed to have a weakness for redheads. My secretary Gina was questioning her, asking her the general repertoire. I hit the buzzer waving her on through. It's not like I had my hands in any cases at the moment. I leaned far back in my chair, propping my feet on the desk, mindful not to dislodge my carefully loaded...0.5 mm (as in mechanical pencil lead).

From the second she stepped near my desk, I knew she wasn't the type my business liked. I knew she was trouble. Real trouble. You know the type. I could smell her perfume from ten feet. She had a long, red satin dress, teary eyes, and a lethal smile. She was going to be a hassle. Yeah, I knew she wanted something. A favor. I'm not keen with favors as it goes. They're generally bad for business. But what did she want?

Well, two handkerchiefs and thirty minutes later, I knew. It seems she had someone harassing her. Stalking her.

Someone insisting she do something for them. Something called homework. You see, the deal was, she does the homework; they give her the grade. In the end this helps her get the dough. She didn't like this idea. She thought that the homework concept was unfair. Unfair for her time interests. So what did she do? She turned to me. But that's what I'm here for. That's what brings in the big paycheck (Insert hysterical laughter.).

I told the dame I'd hit the trail later. It was late after all. A working man gets tired. But she was insistent, very insistent. I finally agreed to follow her, disregarding my secretary's worried glance. Gina worries about me/my sanity a lot. Looks after me. I smiled and showed her that I was packing an extra pair of 0.7 mm's with brand new erasers in my jacket. Along with my trusty 0.5 mm in its shoulder holster, what could go wrong?

After leaving the office, we took a back route to a rather shady joint in town. The I.28 and on district. The chatting zone. I could smell MSN Messenger in the air. Sly eyes peered at me from various corners of the room. I wasn't worried. I was packing heat. Graphite powered heat. But I knew something was up. No way this classy dame would frequent this section. No way, no how. I smelled a trap.

Pulling the brim of my faded fedora to shadow my eyes, I looked at what she defined as the problem. I didn't at first notice what was on her screen. When I did recognize it, my blood froze. It was a trap. I'd been lured here. Proof in the form of an application loudly blared from her screen. She was a member of the CPTR* gang. I cursed my stupidity; many a Microlab P.I. has fallen to these guys. With a whirl of my

trench coat, I made for the exit. Too late. They moved. I pulled my 0.5mm, ready to sling some "lead" . . . then stopped. I'm just not a gambling man; nor a stupid one for that matter. I was out numbered and out gunned. At least eight of them had surrounded me. Zoot suits and fedoras all over. The whole shebang. One of those lose/lose situations. And to think earlier I was complaining about the lack of business; something I won't do again... until the next electric bill(chat bill/cafe bill/bookstore bill/student accounts bill...) is due.

It seems they all had a problem, that same problem as the woman in red. Some mobster group had been hassling them all to complete this big "homework" gig. You see, the payment they were trying to complete was due tomorrow bright and early down by the northern docks(DB303). They needed some help eliminating a few "problems" they defined as "glitches." I know what I said about favors; I'm not keen on 'em. But what the heck? I pulled out my 0.5mm and hit the digital streets.

Four hours, and a lot of lead, debugging, and sweat later, I was back in my office cooling my heels. Yeah, I'd cracked case, and capped the baddies (glitches) pretty fast, but it hadn't been easy. Gina was now seeing some new customer. Another classy sort. Joy. Gina was doing the usual spiel. She's the best there is. I didn't wave this one through though, he could leave a message. I was tired! It ain't easy being a Microlab P.I.

A Window On My World

Gina Wahlen



Luis Quiroz will never forget the first time he was on top of the world. Well, it seemed like the top of the world, at least to a six-year-old boy from Mexicali. Looking to the left, he could see the reflection of the sun glittering off the bright Atlantic Ocean. Over to the right was the Pacific Ocean, and straight ahead the mighty "Vulcan Baru," a sometimes active, but not dangerous volcanic mountain deep in the heart of Panama.

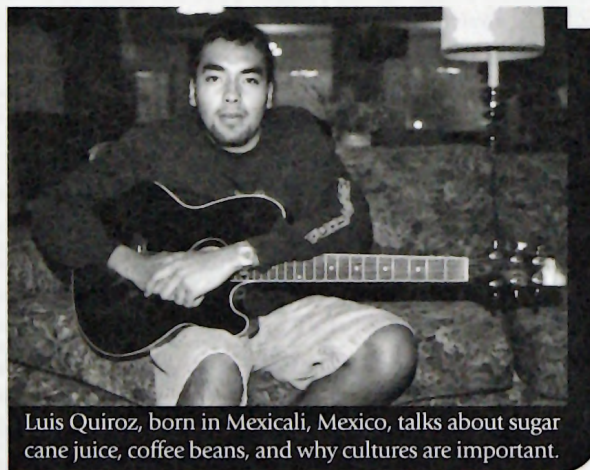
Born in Mexicali, the capitol of Baja California in Mexico, Luis had never strayed far from home. Growing up alone with his working mother, Luis' world revolved around their one room house with a cement floor, school and the babysitter. Since they did not own a car, Luis and his mother would either walk or take public transportation around the city. "When I was 5 years old, my mom taught me the names and colors of all the buses," remembers Luis. "It was important because I had to take the bus to and from school alone, since my mother had to work."

After school, Luis took the bus back to the babysitter's house where he would usually fall asleep before his mother came to pick him up late at night. "I remember my mom picking me up and carrying me home in her arms as she walked the couple of blocks from the babysitter's house to our home," says Luis.

But all of that changed the day Luis' mother, Sara, married Obet, a widowed physician and hospital owner in Mexicali. Originally from Panama, Obet brought his wife and newly adopted son, Luis, to meet the rest of the family at the "Quiroz Finca" (Estate), located at the peak of a mountain overlooking the little town of Boquete in Panama.

It was there on his newly adopted grandfather's estate that Luis got his first gulp of fresh sugar cane juice. While the juice looks similar to pure white milk, Luis warns that it is important to dilute the juice with at least 50 percent water. "It's what we drink when we work outside. It's very, very, strong, and very, very good. It gives us energy and keeps us hyper so we can keep on working."

Coffee beans were another energy booster Luis learned about on his grandfather's sugar cane and coffee



Luis Quiroz, born in Mexicali, Mexico, talks about sugar cane juice, coffee beans, and why cultures are important.

plantation. "Coffee beans are very sweet," he says with a smile, "but you can only have one or you'll end up with a very bad headache. It keeps you going for the rest of the day!"

While Luis loved visiting his grandfather's estate in Panama, he also enjoyed living in his new home in Mexicali. "I remember being shocked at seeing carpet on the floor," Luis says. "I had never seen that before." Having an older step-brother and step-sister was also a new experience for Luis, but he quickly

adjusted.

"The Hispanic culture is a very accepting culture. No matter who you are, or what your background is, you are accepted," says Luis. In contrast, Luis has found that in the United States he is sometimes met with rejection simply because he is Hispanic.

Unity is another aspect of Hispanic culture that Luis cherishes. "The whole family is there when someone has a problem," he says. For example, Luis remembers when his grandmother in Panama died. After the burial in Panama, the entire clan, some travelling from Costa Rica, Guatemala and Mexico City, made a special trip to Mexicali in order to support Luis' father, who lived the farthest away from the family estate in Panama.

While he loves his culture and country, Luis is happy to be studying in the United States.

"I love Americans! And it's not just because I'm dating one," he adds with a smile. "I love how they're always in a hurry. Life is always fast-paced for Americans. Sometimes I've had bad experiences, but I can't let those blur me out of the big picture. So many people have been accepting toward my culture. I admire people from other cultures—I always learn something from them."

Luis enjoys the variety of cultures here at Union College. "I see so many kids from different cultures. I think it's really fun to see how they relate with other students. They're learning, and kids from the States are learning how to deal with kids from cultures other than their own. Cultures are very important."

Copy Editor's Corner

By Daniel Murauskas

One of These Words Is Not Like the Others

T It is now time to play everyone's favorite Sesame Street game. To play, you must hum the "One of These Things Is Not Like the Others" song while reading the following three words. One of the words is real. One of them was fabricated by my roommate, Scott Cushman, and the other word was manufactured by yours truly. (That would be me because I am truly a man of the people for the people with the people.) You must then decide which word is the real one. Once you feel you have chosen wisely, you should then e-mail your answer to damuraus@ucollege.edu. If you would like to guess which words Scott and I created respectively, you may do so. There will be a prize, which will be determined at a time other than this. Time to start humming.

1. Bumbrush: to beat soundly, to inflict school discipline
2. Wanaser: one who achieves by contrivance
3. Cogniscena: a woman who is well-versed in popular philosophy



Ask Answer Girl

Ceri Myers

Hello there!

What should I do to have my beloved one? I consider myself a friendly person. If you talk to me, you would tell me that, but I don't know how to get the attention from the loved one. I tried before, but it didn't work out. I wish with this one it could be different. I looked up her name, birthday, major, and hometown in my roommate's Peanut Gallery in order to make a good impression, and show that I care about her. She impressed me because she knew my name, too.

Whenever I see her I forget words. Her kindness blows me away. I'm not even her friend, at least not a close one. I usually see her at church. She is everything a man wants in a girl—sweet, smart, a good Christian, pretty, friendly . . . I wish she was my girl, but as it happened in the past with somebody else, I don't want to "jump on" her and be hurt.

I've prayed about it. What do you think?

—Smitten

Smitten,

"Have her"? "My girl"? Smitten, you sound like a wonderful person, it sounds like you've found a wonderful girl, and I commend you on doing the right things so far; but ~~maybe~~ we should discuss your possessive language! She is her girl, and if you want to get her attention, you must respect that.

Now: getting her attention. Since I addressed a similar issue in my last column and gave ideas of what to do, this time, here are a few suggestions of what NOT to do.

1. **DON'T** stalk her. We all need our space. You're right not to "jump on" her!
2. **DON'T** avoid her altogether. If you're afraid to see her because your mind goes blank whenever you see her and you feel dumb, you could try writing a little speech beforehand. Memorize it. Write it on your hand. Practice it on your roommate. Whatever.
3. **DON'T** try to change who you are to impress her. If she's not

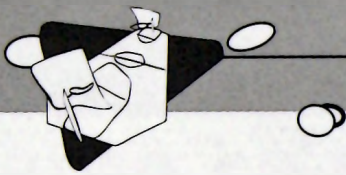
interested in the real you, there's no hope for a cheesy imitation of someone else. Find out what makes you interesting. If you can't think of anything, make something.

4. **DON'T** be down on yourself. Girls come and go, but you have to live with your self forever—you might as well get comfortable.

5. **DON'T** give up hope. This relationship might work, or it might not. It's natural to want to avoid being hurt, especially after a previous bad experience like you mentioned, but life does go on and God does come through.

So, be friendly, smile, enjoy her for who she is, and be comfortable with who you are. It sounds like you're on the right track.

—Answer Girl
Have a question?
E-mail askanswergirl@hotmail.com.



Hail to the Champions

Jared Gibson

What is a champion? A champion is much more than one who vanquishes all other opponents. A champion does not expect to be the best; a champion is one who knows that through hard work and determination, rewards will come accordingly. A champion never resents the weakest member of the team; a champion never envies the strongest member of the team. A champion is gracious in defeat and humble in victory. A champion never stops hustling even when the scoreboard is lopsided and the odds are long. A champion never panics, even when situations go horribly wrong. A champion can smile in the worst of times. A champion never blames defeat on the

referees; if the game came down to one or two calls, then you probably didn't deserve to win anyway. A champion has a bruised and battered body. A champion runs out the ground ball and dives for the uncatchable runner's flags. A champion always believes in comebacks: whether you have three outs to overcome a 24-3 deficit or twenty-five seconds to drive 60 yards for the winning touchdown. A champion is not the tallest or strongest athlete; a champion is any person who uses what they have to the fullest extent possible. A champion is not a fluke. A champion proves that he or she is the best.

The Sports section congratulates: the mighty, stampeding, bucking Broncos; the

speedy, powerful, and invincible athletes of Andrew & Susie's team; the graceful, dynamic, and unstoppable ladies of Gwen and Lindy's team; and the potent, purple, people-eating Huskers. These teams indeed proved they were the best by being the finest examples of champions. The Sports section would like to salute all participating athletes for being champions in their own right.

Volleyball Concludes Banner Year

Jared Gibson

The Thunderdome has grown a little quieter over the past couple of weeks with the end of the 2001 Lady Warrior volleyball season. The season proved to be a challenging one for opponents of Union and a growing one for members of the UC team.

The final record for the team stood at 8 wins against 8 losses. However, the match results don't really tell the entire story. A few bad breaks resulted in some close losses. Other opponents appeared to have bribed members of the WNBA to play volleyball for them during their off-season (not really). Still other teams used curious floor-stomping methods to curse the volleyball. But do not despair Lady Warrior faithful. Next year's team returns virtually intact, though losing the indispensable services of super seniors Kelli Ruhn and Kelly Peach. Another year of growth and chemistry should produce recognizable premiums. The shining star that was this season can only grow brighter in the future.

Lady Warriors Take Tough Start

Josh Loshman

The Union College Lady Warriors 2001-02 season got off to a rough start on Saturday Night as they lost to Concordia 47 to 88. The ladies played well for all forty minutes, but struggled to beat the press put on by Concordia.

After winning the season opening tip off, Union struck first and kept the game close early. But turnovers against the press led to easy baskets for Concordia, and Union went into halftime needing to overcome a 21-35 deficit.

It was more of the same in the second half as Concordia slowly pulled away. A three pointer by Junior Stephanie Vercio cut the lead to 40 to 68 with six minutes to go, but Concordia would go on to take the win at 88 to 47. The Warriors, however, were able to take some valuable lessons from the game. They shot 23 of 28 from the free throw line, and Stephanie Vercio led UC in scoring with 20 points.

Welcome to the Main Event

Tasha Reynolds

Check your schedule and mark your calendar because it's that time of year again. Get ready for another intense, hard-core, hand slappin', basket swishin', ball stealin', die-hard season of Warrior basketball.

Yeah, you remember them. You remember sitting there on the sidelines—face painted, sign in hand—cheering them on to victory. You remember that feeling, right? The feeling of being in their house. Yeah, you know what it's all about.

Will this year's combination of new blood mixed with the warhorses of ol' bring the same excitement that has always been a characteristic of Warrior basketball? This season provides many opportunities for you (the most loyal Warrior fan, no doubt) to come decide for yourself. Check out this season's Men's and Women's schedules online at www.ucollege.edu, and come see what all the excitement is about.

The dogs have been let out.



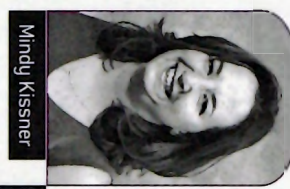
By Tracy Faber

1. What was your favorite cartoon growing up?
2. Where were you born?
3. Where did you graduate from high school?
4. What is your favorite season of the year and why?
5. Do you have any childhood nicknames and what are they?

1. Animaniacs
2. Placerville, CA
3. College View Academy
4. Fall, because it is my birthday and it is almost Christmas
5. Jess-Bess



Jessica Robinson



Mindy Kissner

1. He-man and She-ra
2. Beatrice, NE
3. Champion Academy
4. Spring, because it is getting warm and you can do more stuff outside
5. Sissy



Lina-Ani Galea

1. Bugs Bunny
2. American Samoa
3. Samoana High School
4. Summer, because there is no snow
5. Pocahontas



Nick Eliason

1. Wile E. Coyote
2. Sitka, Alaska
3. Dakota Adventist Academy
4. Summer, because I go home and fish
5. Nick



Felipe Pereira

1. Spiderman
2. Brasilia, Brazil
3. Adventist High School
4. All of them, they each have their own qualities
5. Lipe



Lindsey Ford

1. Darkwing Duck
2. Bennington, VT
3. Collegedale Academy
4. Fall, because I love the colors on the trees, the warm and cooler days, the wind, and I love going camping
5. Charlie



Tell Suckut

1. Teenage Mutant Ninja Turtles
2. Carrington, ND
3. Dakota Adventist Academy
4. Spring, because it is my birthday
5. Telephono



Danny Cook

1. Inspector Gadget
2. Kearney, NE
3. Colorado Mountain College
4. Summer, because there is no school
5. Stretch and Lurch



Brandon Horniaceck



Four-score and two minutes ago, I was eating in the cafe, and I thought to myself: "What would be the best thing I could do to improve the quality of the food in the cafeteria?" As I sat and thought more, it occurred to me: "The Clocktower Art section is filled with SPECTACULAR and FASCINATING Union College talent!" Well, I couldn't have been more right. This week's issue is blasting off at the speed of fun, rocketing towards your cerebral cortex, and smashing headlong into the sun's fiery fury with a fully packed selection of poetry and visual art! In the words of someone famous: "The Art Section is the greatest thing since the automatic toothbrush." Yes folks, you too can contribute to this blinding array of great stuff by simply contacting me at brhorna@ucollege.edu or at 486-2893. Many enigmatic people have maintained a darkened aura about them, cloaking themselves in the shrouds of anonymity, and therefore avoiding the endless masses of crazed fans which are commonly seen pursuing featured artists. But wait, there is more! Well, not really . . . actually, I'm done now . . . the end.

Green Trees

By an Anonymous ESL Student

Leafy leaves
Ruddy bark
Gentle breeze
Singing lark

Green above
Earth below
Gentle dove
Warming glow

All is right
In the trees
Shining light
Through the leaves

Face of Fury

Brandon Horniaceck



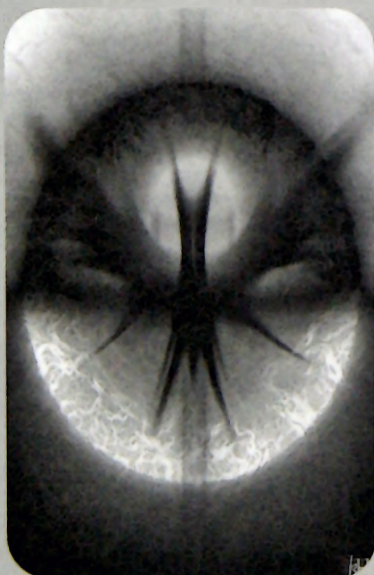
Mechanica

Anonymous



Nighthawk

Brandon Horniaceck



Amnesia

Anonymous

The world slips from my grasp
All I ever thought or felt
is lost
is gone.
Words on tongue's tip
never fully spoken,
My mind is broken.
Slave to thoughts lost.
Thrown into eternal ignorance,
the cost?
One life forgotten
One past erased

This is the Issues section. In the first edition of the paper, we ran a question concerning the serving style change in the cafeteria on Sabbath lunch. Listed in this section are some responses from your peers. Read what others have to say and feel free to let us know what you think.



Christina Smith

What do you think about campus security? Does it exist? How can it be improved? What is good about it?

If you would like to respond to any of these questions contact Christina Smith at 488-2152 or e-mail her at c4smith@college.edu. We will try to print as many responses as possible in a future edition of the Clocktower.

Forfeit the Mystery Loaf and Save?

Jonathan Schwarz & Lauren Bongard

The new pay per-item cafeteria policy has both supporters and critics, and both sides seem to have clout. However, no steps seem to have been taken on either side of the issue.

The non-buffet setting has its high points. For instance, those who forfeit the mystery loaf now have the option of paying for only vegetables and salad, rather than one high buffet price. Students who want to visit friends or buy non-buffet items are able to enter the dining room without having to pay for the buffet. The absence of a buffet also tends to remove from those who are dishonest the opportunity to steal food.

In the event that the buffet is reinstated, the simple idea that carry outs can only be taken on plates would cut down on abuse. By only allowing carry-outs on plates, less food could be removed and there would be no way to conceal the amount in the take-out.

Splitting Hairs

Brody Philpott

The issue of the cafe switching payment methods is an irrelevant issue. As Seventh-Day Adventists, we put the cafeteria in a tough situation. We believe that we should not work on Saturday. We also believe that we should not spend money on Sabbath. The cafe is forced to employ workers and charge for the food because they have a campus to feed. I know that many of you are worried that this new pricing plan will force you to violate the Sabbath. To be brutally honest, we are splitting hairs here. The cafe is doing this to keep down costs, which in turn saves you money. That is something I know any college student can appreciate. The old system involved cafe

Posting a suggested serving size would help students get a feel for responsible portion sizes. Part of being a college student is making sure one gets their money's worth, and many may not take into account the expenses of preparing the food.

Servers or buffet supervisors could be on the lookout for, and guidelines could be set to deal with abuse of the system. Those caught taking advantage of the buffet style could be reprimanded or charged without punishing those who are responsibly patronizing the cafeteria buffets.

Those who have an aversion toward cafeteria food but still wish to visit friends or purchase non-buffet items could have a black 'X' stamped on their hand, letting the buffet supervisor know they have not paid for the buffet. That way, those with stamps caught eating from the buffet could be charged, limiting the number of students illegally consuming buffet food.

workers writing down your number and then charging your account later. I see no difference between that and going out to eat and paying with a credit card. Under both circumstances, there are workers that have to work on Saturday to prepare food for you, while you are paying with a form of money that lets you delay payment to some future date. Whether the cafe takes your number and charges you later, or they charge you per item, you are still paying for your food. Plain and simple. The only alternative that I see is to charge you on Friday for Saturday's meal. I don't think too many of you would go for that.

God Bless the World

Josh Leeker

September 11, 2001 is all one has to say and a torrent of emotions flood our minds. It's hard to express the sickness I feel when I hear those words. I am swarmed with opinions from my peers, my teachers, the media, Jerry Falwell, about how and why and what we will do about this terrorist attack. My own thoughts are lost in my head alongside everyone else's musings.

Everywhere I look I see God Bless America, United We Stand, America's New War, and frankly I am a little tired of the rhetoric (thank you, Mr. Blake). Don't get me wrong, I think it is great for our country's morale and patriotism. But I think Afghanistan along with all the other third-world countries needs our prayers and blessings just as much or even more than we do right now.

This past Wednesday night I was watching "The Amazing Race" on CBS. The contestants were in India trying to find the Taj Mahal. As they were searching for clues that would lead them to the Taj Mahal, little kids would come up to them and beg for food and money, love, and attention. They were dirty, hungry, poor, many of them orphans. One of the kids had no eyes and was being led by a friend.

The contestants for the reality show did nothing except to be heartless and rude to them. At one point, two of the contestants were screaming at them to "get the hell away from us, you stupid people!" It was one of the most disgusting scenes I have ever witnessed, and it was all so they could win some money at the end of the race.

Perhaps we need to pledge our ultimate allegiance to more than money or to any one country. Consider adopting a new, Christian pledge:

I pledge allegiance to my Creator who made the heavens and the Earth,

And for Him will I stand, one world craving His love,
Never yielding to evil, with freedom to love radically,

And to live with Him in liberty forever.

puzz 108

Answers for the Crossword are on pg. 13

	1	2	3		4	5	6	7		8	9	10
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ACROSS

- 1 Able
- 4 Pop
- 8 Ocean
- 11 Lady
- 12 Former Russian emperor
- 13 Small bug
- 14 Article
- 15 7th Greek letter
- 17 Elater
- 19 Make tatting
- 21 ___ King Cole
- 23 Opera solo
- 24 Expression of sorrow
- 26 Dine
- 28 Mistakes
- 30 Scar
- 32 17th Greek letter
- 34 Self
- 35 Atop
- 37 Tongue
- 40 Prefix meaning "in"
- 41 Sack
- 43 Done
- 44 Haul
- 46 Tehran is the capital
- 48 Gang
- 50 Substance

DOWN

- 1 Water channel
- 2 Form of be
- 3 Born
- 4 Old
- 5 Bone
- 6 Bit
- 7 Region
- 8 Irony
- 9 Grow
- 10 Dined
- 11 Information
- 16 Preposition
- 18 Before (Poetic)
- 20 Cap

- 22 Earl's territory
- 25 Unhappy
- 27 Article
- 29 Father's boy
- 31 Free
- 33 Fall month (abbr.)
- 35 Sash
- 36 Tell
- 38 Focus
- 39 Clothes
- 42 Type of dive
- 45 Sage
- 47 Gripe
- 49 Basic
- 51 Serious
- 52 Allowance
- 54 Season of fasting
- 56 Achieve
- 58 Woe
- 59 Fish eggs
- 61 Sucker
- 65 Eastern state (abbr.)
- 67 Exist