



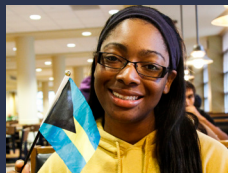
the
clocktower



SENATE PLANS IN FULL SWING

“As a new committee, they will be pondering questions such as “Why are the youth leaving or staying in the church?”, “ How can the youth help the church?” and “What can the church do to help the youth?”

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Where do you feel most comfortable?



“I feel comfortable when I’m camping out in nature. I don’t know, there’s something relaxing about trees... and mountains... and dirt... and water. It’s where I find my peace.”

Jeff Meador, Senior Social Work Major

“Swimming. I feel most comfortable when I’m swimming because I can shut everything out. When I’m swimming laps, I get my pace going, you know, do my thing, and it’s a repetitive motion. My body goes on autopilot and and my brain can do whatever it wants.”



Alexandra Wilson, Sophomore Bio-medical Science Major

*Houc is compiled
by Chelsea Aguilera.*



ELENA CORNWELL

A long way from home

Mahala Majida Moxey on adjusting to a new culture

A street bursts bursting with people; costume glitter and feathers fill the air that smells of Caribbean food cooked to perfection. The music is loud and pulsing, and the party is only just beginning. It's 5:00 a.m. on the morning of Mahala Majida Moxey's favorite day of the year, Boxing Day.

Boxing Day occurs December 26, and the beauty and noise of the Junkanoo festival make it her favorite holiday of the year.

"Some people say it is from slaves making costumes out of junk, and others say it is from John Canoe, a West African prince and local hero," explains tells Moxey. Visually, it's a lot like Carnival, the famous Brazilian holiday that occurs in the spring each year.

After Christmas Dday, everyone stays up until the festival begins at 4 or 5:00 a.m. in the morning. The dancing, music, and costume competitions last until around 11:00 a.m. with the parade mob taking a couple laps to ensure everyone's has a good view.

Moxey is a junior biology, pre-vet major from Nassau in the Bahamas. Attending Union College was her first time outside of her country for more than a week. Everytime she gets a chance, she returns home to the salt and the sea. This summer, she was back not only to eat mangoes and avocados, but also to do some research for Loma Linda. She

This past summer Moxey received a research internship from Loma Linda to study the eating habits of rock iguanas on San Salvador, and while she . She wasn't the biggest fan of the reptiles at first, but the research was in her island chain, so she packed up and went.

After studying the iguanas for three weeks, Moxey can tell you that their favorite food is white bread, but they will also eat carrots. "They all have their own personalities," explains Moxey. "I think they're cute, but my friends say I think everything is cute."

continued on <http://clocktower.ucollege.edu>



NAOMI PRASAD

Senate plans in full swing

Natalie Bruzon's Youth Summit bill takes off

The campus you see today hasn't always been this amazing. Union College has changed throughout the years with improvements such as a new cafeteria, adding the Thunderdome, the Kreuger Center, the Everett Dick Building renovations and "The Clocktower." We are blessed by generous donors and great faculty and staff that help make changes on campus.

Our senate has also made ground-breaking accomplishments. The honors curfew, new library furniture, the Landing and our new card swipes for the residence halls, just to name a few.

One bill that is being put into effect this October will raise more awareness of the youth in the church. Created by returning senator Natalie Bruzon, the bill only took a short month to be passed by the Student Senate. With the permission of Dr. Linda Becker, Bruzon wasted no time in forming a committee to discuss topics of youth in the church before proposing the bill to faculty senate.

The Youth Summit will host four North American Division youth leaders, and

two students from each major Seventh-day Adventist university in North America for the Youth Summit right here on Union College's campus on OctoberOct. 23-25.

As a new committee, they will be pondering questions such as "Why are the youth leaving or staying in the church?", "How can the youth help the church?" and "What can the church do to help the youth?"

Although Bruzon hadn't planned on returning to senate this year, she came back because she had an astounding time last year and always had something to do. Brigitte Chavez, on the other hand, is a first-year senator. Bruzon and Chavez represent Third3rd West in Rees Hall.

When asked what her goal this year for Senate was, Chavez responded "I tend to look at what has been done and what is being done. I like to think of new ideas, and see growth. I want to be involved in changes on campus."

When asked about the new team of senators, Chavez and Bruzon answered more hesitantly.

“Definitely quieter. A more serious atmosphere and awkward at first,” Natalie Bruzon says, a communications major, plainly puts.

“It’s a random group of people, and I like that. It is not just a group of a certain social circle,” biomedical science major Briggitte Chavez affirms.

Senate is off to a great start and has a promising year ahead of it.



Gratitude through Art

Local figures gift art to honor Lincoln

JOE HOFMANN

Friedrich Nietzsche once said, “The essence of all beautiful art, all great art, is gratitude.” If this is the case then the city of Lincoln is full of gratitude. Everyone may define what art is differently, but one thing Lincoln is not short on is art.

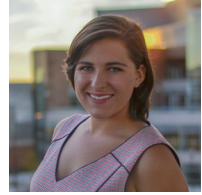
One exciting aspect about the art in Lincoln is that it isn’t just confined to art shows or inside buildings. Some of the best art is found simply by wandering around town and looking for it. Below are some of my favorite pieces of Lincoln art.

The first is called Groundwater Colossus, created by James Tyler. This sculpture is a fifteen foot tall ceramic head that currently resides in Union Plaza park. This giant brick head consists of close to 300 bricks and red-clay shaped together to form this “Colossus” of a monument. You can find this giant sculpture on the corner of P and North 21st St.

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Be a better reader

The benefits of a good book cannot be ignored



EMORY WOOD

“A lot of times in class we get assigned books we don’t want to read,” said Alan Garcia, sophomore English major. “But when I pick out books, reading is enjoyable and it becomes easier.”

Between midterms and research papers, it’s not hard to see why finding time to actually sit down and appreciate reading is little to none. But students should make cracking open a book not filled with chemistry equations a priority, if even for a few minutes.

Doubtful of the benefits of reading? Research has shown that reading not only boosts analytical thinking and enhances memory, but it can also help prevent Alzheimer’s and make you more engaged in life. These sound like wins for both health and happiness.

Garcia, who doesn’t consider himself a bookworm, said he finds creativity and entertainment in reading. “It’s fun to watch movies, but 10 people can watch a movie and see the same image. If 10 people were to read a book, they’re going to have a different image in their mind.”

These varying images can have astounding benefits. Neuroscientists report that the storytelling aspect of reading engages a broad spectrum of brain regions which enhance connectivity and improve function. In other words, imagination is powerful.

So powerful that many readers see books as an escape from reality to experience other perspectives. “Reading enables me to travel. I get to travel across the centuries and across the continents,” said English professor and author Chris Blake. “It deepens and broadens me. And, it’s better for my writing. The whole ‘word thing’ takes root.”

Think about it. The more words you’re exposed to, the greater your vocabulary. The total number of words read annually by a person who reads 15 minutes a day? 1 million. That’s a lot of word things.

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JORDAN ZY

Why are you still single?

The single life struggle is real for our generation.

I always imagined that I would have been married by the time I was 24 years old. I assured myself I'd meet the right girl in college whom I'd date for a couple years, and once my subsidy ran dry and we graduated we'd tie the knot. Well, I'm 23 years old today, and it looks like that fantasy is not going to pan out according to my timeline.

My story is similar to many of the millennial generation. The truth is, the nation is seeing a lot of change, including more and more adults staying single longer. In fact, the marriage rates in the U.S. are at an all-time low in a century.

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Where did Jesus go?

Lieutenant Dan: Have you found Jesus yet, Gump? Forrest Gump: I didn't know I was supposed to be looking for him, sir.



SLADE LANE

Many students are scratching their heads as they try to think of where they last spotted the large, metal statue of Jesus. A gift from the senior class of 2014, the statue took up a short residence in the atrium at the end of last school year but has since moved on. Most students don't know where.

"Where is Jesus? I don't know where he is," despaired junior elementary education major Kendra Minty.

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KATIE MORRISON

Super couples give back

Stars using their powers for good

TomKat, Billary, Bennifer, and Kimye. W: we all know what these bizarre names represent. The shortened moniker for a celebrity couple means power, prestige, and popularity. But there are a few couples who haven't let it go to their heads and actually make an effort to give back and promote the things that matter.

Brangelina: This one is obvious. Brad Pitt and Angelina Jolie have been in the spotlight for years. In spite of their ups and downs, Brangelina have managed to use their A-list status and seemingly endless supply of money to make the world better.

The couple founded the Jolie-Pitt Foundation. Immediately donating \$1 million each to both Doctors Without Borders and Global Action for Children, the charity dedicated itself to eradicating extreme poverty and assisting in humanitarian crises all over the world. Since then, Jolie has received several awards (Citizen of the World Award, Goodwill Ambassador) as well as an Honorary Oscar for her humanitarian service.

StoneField: Although the nickname has yet to catch on, Emma Stone and Andrew Garfield do not have that problem.

Garfield took the coveted lead in "The Amazing Spiderman."". Emma co-starred as well, allowing their chemistry to shine on the big screen.

This couple has taken the persistence of paparazzi, one of the most negative aspects of fame, and created a powerful opportunity. After being spotted in a restaurant by paparazzi, StoneField exited the building covering their faces with cardboard signs. The handwritten message said, "Why not take this opportunity to bring attention to organizations that need and deserve it?" They listed the websites of several charities and wished everyone a good day. Props to these couples for using their fame for good!

Zakyka: This couple is well known and locally grown: Jessyka Albert and Zak Luke, Union College's own Super Couple. Jessyka is essentially the student religious leader on campus. As the religious Religious vVice pPresident and / Union for Christ (UFC) director, she works for both Campus Ministries and ASB. She also plans every single UFC vespers down to the tiniest detail and is . Jessyka plans working to bring to restart the UFC blog back soon so make sure to check that out.!

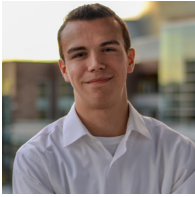
Zak Luke, the other half of Zakyka, is involved in different ways. He's active in intramurals (he was captain for North America for World Cup), even with the mountains of organic chemistry O-Chem and General Biology homework his biomedical pre-med classes major requires.

"He volunteers at the Bryan West hospital in the ER every Saturday night from 6-8 and occasionally shadows in the ER

on Fridays," Albert says. "And he puts up with a stressed out Religious VP."

That's a feat in itself.

If you find yourself in the position to use your influence in a new and positive way (whether you're single or in a relationship), go for it! You might work your name onto this very list.



JACOB PROSSER

Ditch the wallet

Is the physical wallet an endangered species?

School is about to start for the day, so you grab everything you need. Backpack, keys, phone, wallet—just to name a few of the many things the average person carries around on a daily basis. In the very near future, however, one of the aforementioned may be a thing of the past.

Along with the recently released iPhone 6, Apple revealed their new payment system known as Apple Pay. With Apple Pay, you will soon be able to make purchases with an iPhone 6 or 6 Plus by simply holding your phone up to where you would normally swipe your credit or debit card.

Google has also been testing the waters with mobile payments apps like Google Wallet. Google Wallet can scan and store gift cards for later use, and even link with your debit or credit cards for quick payments at retailers who support the feature.

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OCTOBER						
SUN	MON	TUE	WED	THU	FRI	SAT
5 Preview Days	6 National PA Week PA White Coat Ceremony 9:30am UC Board of Trustees Meeting 3:30-5:00pm Academic Council	7 10:30am Chapel 3:30pm Union Scholars Advisory 6:00pm UC VB vs Faith Baptist	8	9 10:30-11:30am Faculty Senate 4:00pm UC VB vs Central Christian College (Home) 8:00pm UC VB vs York College VB (Home)	10 Fall Break Spring Textbook Orders Due Campus Store/ Mailroom Open: 9:00am-1:00pm	11 Sunset: 6:52pm
12 National PA Week	13 Columbus Day	14 10:30am Chapel 11:30-1:00pm 4:00pm UC VB vs Calvary Bible College (Home)	15 2:30-4:00 LEAD Committee	16 Union College Invitational Volleyball Tournament 10:30-11:30am Academic Assembly	17 Union College Invitational Volleyball Tournament Textbook Buyback Information Due 7:30pm Vespers:UFC Concert Sunset 6:43pm	18 Union College Invitational Volleyball Tournament 6:30pm V2 ASB Club Night Sunset: 6:42pm

THUMBS UP/THUMBS DOWN

FROM "THE CLOCKTOWER" STAFF



Thumbs up to hammock camping
-Tyler Bissell



Thumbs down to dating ASB officers
-Zak Luke



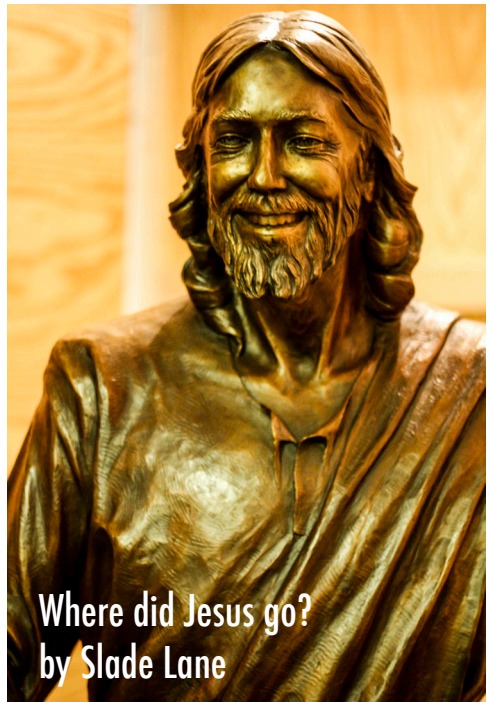
Thumbs up to warm weather
-Kiley Thompson



Thumbs down to Joe Hoffman never showing up to potluck
-Kerri Vogler



Thumbs up to F'reals in the student center
-David Kabanje



Where did Jesus go?
by Slade Lane

WE CAN'T HEAR YOU.

Yeah, we're going to need you to speak up.

Like us, hate us or anywhere in between, we'd love to hear why. Have a story you'd like to pitch? We'd love to craft it. Did you just make a big breakfast? Tell us why your mother's german waffle recipe is better than Paula Dean's.

Basically, just write us.

Voice your opinions by emailing cltower@gmail.com, and by adding to the conversation by connecting with us on Facebook at www.facebook.com/ClocktowerASB and online at <http://clocktower.ucollege.edu>.



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Spoiler alert: She dies in the end.
Read all about it at <http://clocktower.ucollege.edu>



Mahala Majida Moxey. Senate's Youth Summit bill. Sex. Illiterate college students.

These stories and more are waiting for you online.

