



Canadian Union

# MESSENGER



Volume XXXIX, No. 19

Oshawa, Ontario

September 15, 1970

## “Listen” Magazine Publishes Special Issue Beamed to Canadian Youth

THEDA KUESTER, *Reporter for Canadian Union Conference*

A special Canadian issue of *Listen*, the first of its kind, has come off the press in time to be featured at both the Canadian National Exposition in Toronto and the Pacific National Exposition in Vancouver, the two largest annual exhibitions in the world.

Of sufficient importance is this special issue that the *Review* has carried a notice to this effect on the last page of its August 13 issue.

Elder F. A. Soper, editor of the *Listen* magazine, has asked us to pull out all the stops in selling this issue to our field. This is an excellent opportunity to place this all-Canadian magazine in the hands of youth, civic leaders, business administrators, schools, and libraries.

Among outstanding personalities of Canada featured in this special Canadian issue are Julie Maloney, Miss Canada of 1970; Nancy Greene, world ski champion; Russell Jackson, former quarterback of the Ottawa Roughrider Grey Cup champions; Betsy Clifford, new ski queen of Canada; and Judy Linkletter, bank teller of Calgary, Alberta.

Besides our own Seventh-day Adventist writers, articles are included from Robert F. Hickey, Supervisor of Education Narcotic Addiction Foundation of British Columbia; and Arthur W. E. Eriksson, B.Sc., M.Sc., Health Education, Faculty of Physical Education University of Alberta.

The *Listen* magazine is said to be one of its kind in its field. It gives young people both sides of the story before they make their personal decision about drinking and drugs. It has a circulation of 175,000 subscriptions, many of which go to libraries and classes in public junior and senior high schools. In some places the magazine is the only one endorsed by education officials to be used in a narcotics education programme within their school systems.

Let's "pull out all the stops," and really use this magazine which is currently beamed especially for our Canadian youth!



### Did You Know Sister White?

At the office of the Ellen G. White Estate in Washington, D.C. work is commencing on the preparation of a biography of Ellen G. White. Those who will be engaged in this task will very soon wish to contact some who were personally acquainted with her and have a memory of her as a person, a speaker, and as the messenger of the Lord. If you knew Sister White and have a memory of her and her work, please write at once to: Elder Arthur L. White, 6840 Eastern Ave. NW, Washington, D.C. 20012.

# New Editor for "Signs of the Times"

BARBARA H. HERRERA, *Public Relations Director, Pacific Press*

The newly-appointed editor of *Signs of the Times* has arrived in the editorial offices of Pacific Press to begin a new era and new volume of the venerable missionary magazine—Volume No. 98 for 1971.

Lawrence Maxwell, for 17 years editor of "Guide," Seventh-day Adventists' magazine for juniors, was elected to the "Signs" editorship during a meeting of the Pacific Press board at the General Conference session in June in Atlantic City.

Elder Maxwell fills the vacancy left by the retirement of his father, Arthur S. Maxwell, who steered the magazine as editor since 1936. The retiring editor is currently on a two-month tour of Great Britain, Sweden, Norway, and Finland to visit Adventist publishing houses and literature evangelists and leading churchmen of other denominations.

The new editor's work begins with the January, 1971, issue of *Signs of the Times*. Maxwell believes that it is the responsibility of *Signs* to communicate to the world God's special message for today. "Signs will continue to concentrate its total effort upon preaching this final message," he says. "Never has the world needed the hope and comfort of the Advent gospel more than it does today, so I cannot think of a better time to be editing *Signs* than right now."

Lawrence Maxwell is the sixteenth editor to assume leadership of the 96-year-old journal. Started by James White in 1874 as the missionary voice of Seventh-day Adventists, *Signs* has had such outstanding editors as Uriah Smith, J. N. Andrews, A. O. Tate, Alonzo Baker, F. D. Nichol, and Arthur S. Maxwell. The magazine today has a circulation of 300,000.

Returning to Pacific Press in Mountain View, California, is actually a homecoming for the new editor. He arrived in Mountain View for the first time at age 11 when he came with his family from their home in England so his father could take up editorship of *Signs*. He later graduated from Mountain View Academy and in 1946 received a B.A. degree in theology from Pacific Union College. He now holds a Master's degree in biblical languages from the same school and



Lawrence Maxwell

has more recently been engaged in graduate study in the field of intellectual history.

\* \* \*

## Special Gift from Voice of Prophecy

As thousands of persons gather in Los Angeles' giant Sports Arena on September 26 for a special 40th anniversary-tribute to Elder H. M. S. Richards, founder of The Voice of Prophecy, many members in the Canadian Union Conference will also be participating in the service.

Their participation will come through a special gift to one fortunate member of the Canadian Union Conference constituency. That gift will be a free, complete set of tape recordings of Elder Richards reading the entire Bible!

You can be eligible to receive this free "gift of a lifetime" — a project Elder Richards has just completed after hundreds of hours of reading. Send your full name and complete address to The Voice of Prophecy, Box 55-P, Los Angeles, California 90053. Say, "Enter my name to be eligible to receive the free, complete tape-recorded reading of the Bible by Elder Richards." Be sure to state clearly the union conference in which you live.

The September 26 meeting, to be highlighted by a stirring spiritual message by Elder Richards, will also bring letters and other recognition from leaders of government, business, and religion noting his

unique status as a religious broadcaster. If you would like your personal letter to Elder Richards included in this special tribute portion, be sure to mail it to The Voice of Prophecy not later than September 15.

HERBERT FORD  
*Public Relations Director*

## Literature Evangelist Report for the Month of July Deliveries

Alberta	\$ 2,590.24
British Columbia	4,919.95
Manitoba-Saskatchewan	4,616.30
Maritime	10,942.59
Newfoundland	1,958.50
Ontario-Quebec	49,129.68
Total for Union	\$74,157.26

## Missionary Work

Literature distributed	2,972
Bible School Enrollments	234
Homes Prayed In	655
Bible Studies	123
Baptisms	1

## DO YOU KNOW?

If you know the whereabouts and addresses of the following individuals please write to Pastor W. H. Seidel, 120 Spruce Court, Thunder Bay South, Ontario.  
Mr. P. Forbes Miss Faye Peart  
Rose Lafontaine John Ting  
Mrs. G. Leppich Mrs. Chris Wilkes

\* \* \*

"Before the ransomed throng is the Holy City. Jesus opens wide the pearly gates, and the nations that have kept the truth enter in. There they behold the Paradise of God, the home of Adam in his innocence. Then that voice, richer than any music that ever fell on mortal ear, is heard, saying: 'Your conflict is ended.' 'Come, ye blessed of My Father, inherit the kingdom prepared for you from the foundation of the world.'" — "The Great Controversy," page 646.

It is one of the great paradoxes of life that no one works more effectively against himself than the man who works exclusively for himself. — S.S. Quarterly, third quarter, 1970.



Official Organ of the CANADIAN UNION CONFERENCE of Seventh-day Adventists, Carl Klam, Editor; Pearl I. Browning, Associate Editor. President, J. W. Bothe; Secretary-treasurer, Carl Klam. Departmental Secretaries: Publishing, O. A. Botimer; Public Relations, Lay Activities, Sabbath School, Radio-TV, W. E. Kuester; Missionary Volunteer and Temperance, R. J. E. Hillock; Educational and Deferred Giving, P. W. Manuel; Public Affairs, D. L. Michael; Medical, E. A. Crawford, M.D. Issued semimonthly. Subscription price \$2.00 a year. Second class mail registration number 0912. Printed by Maracle Press Limited, Oshawa, Ontario.

**BAPTISM AT  
OWEN SOUND**



New Seventh-day Adventist members in the Owen Sound district are: back row — left to right: Angus Rouse, Miller Lake; Charlie McNair, Miller Lake; Mrs. A. D. Johnson, Owen Sound; front row — left to right: Mrs. Angus (Esma) Rouse; Mrs. Shirley Wright, Owen Sound and Mrs. William Kraft, Ayton.

Mr. and Mrs. Rouse and Charlie McNair have been receiving studies for over a year and eagerly shared each new truth with their friends and the guests at the Rouse's Inn. Mrs. Rouse was re-baptized in the same lake in which she was first baptized into another church as a child.

Shirley Wright was visiting in the home of a relative when Pastor Johnson stopped by to deliver the book, "From Sabbath to Sunday". This relative had requested the book after reading the leaflet, "This May Startle You," which was delivered to the 8,000 Owen Sound homes. The relative has showed no further interest as yet, but Shirley immediately began the "Amazing Facts" and "Gift Bible" lessons and began attending the Owen Sound Church services with her three preschool children. She immediately put into practice each point of faith as soon as she read or heard it.

Though Mrs. William Kraft had never met a Seventh-day Adventist until recent months, over seventeen years ago she and her husband began keeping Sabbath and were baptized by immersion, as a result of listening to the Voice of Prophecy radio programme, "The Quiet Hour," and diligent Bible Study. This also led them to believe and practice 90% of the Seventh-day Adventist teachings. Her husband passed away eleven years ago, but she has been a faithful Sabbath keeper—the only one for miles around, all these years. When she recently learned the remaining Seventh-day Adventist teachings she joined the church by profession of faith. She is a woman of wide influence and keen mind, and more are sure to be won through her witness.

(MRS.) A. D. JOHNSON  
Owen Sound

**Please Make Note of This!**

# **Kingsway College M.V. Weekend September 25, 26**

**Guest Speaker: Paster Lawrence Nelson**  
*General Conference Youth Department*

**Friday Evening Kick-off: 7:30 p.m.**

**Youth Sabbath School in Auditorium: 9:15 a.m.**

**Divine Worship in the College Church at 11:00 a.m.**

**Missionary Volunteer Activity: 2:30 in Afternoon**

**Student Missionary Reports: 6:15 p.m.**

**Special Mission Offering**

**Everyone is Welcome — Young and Old Alike!**

**Please make arrangements for accommodation (if you plan to stay overnight). Also arrange for meals (if you plan to eat in the cafeteria).**

## **Kingsview Village Church**

### **Celebrates 75th Anniversary**

**D. J. HANDYSIDES, Kingsview Village Church Pastor**

This year Kingsview Village Church in Toronto celebrated the 75th Anniversary of its founding. Pastor D. J. Handysides commemorated the occasion by recounting the history of the Advent work in Ontario, which began with two men who heard William Miller preach in Toronto. These went through the time of disappointment and began meeting in the home of Brother Moores, on Dundas Street, Toronto. The company grew until in 1911 Elder Eddington built the first church, on Awde Street. From this church branched all the eleven churches in Toronto and much of the membership in Ontario.

Present for the occasion were many of the older members, including Mrs. Janet Thayne, who was six years old when she began attending meetings in Toronto. Roses were given to persons over seventy-five years of age, and a happy time of fellowship was enjoyed as members look-

ed back with thanks and ahead with the hope that all might be faithful and fruitful at the soon return of our Lord.



Pastor and Mrs. D. J. Handysides with Miss Janet Thayne and Mrs. Annie Preston, both over 90 years of age.

# Five Summer Camps Held in Ontario-Quebec Conference

Five summer camps were conducted at Camp Frenda and Camp Eben Eden. The water activities were always enjoyed. The children love the water. The regular routine of camp life with other children is very good training. The spiritual programmes help the people a great deal. Many made decisions for Christ at these camps.



Water-front activity at Camp Frenda. Pastor D. F. Aldridge conducted three camps there.



Line call at Eben Eden Camp. Pastor E. J. Parchment was the director.



Inspection time at Eben Eden. Two student nurses from Branson Hospital gave good assistance.

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## KINGSVIEW VILLAGE CHURCH BAPTISM



Pastor D. J. Handysides (back row at right) with the baptismal candidates.

Half-way through this year of 1970 it is our pleasure and privilege to report to the readers of the CANADIAN MESSENGER, the joy that has been ours during these first six months to witness twenty earnest and devout souls follow their Lord through the sacred rites of baptism.

During this past triennium we have witnessed the momentum of growth that

the church has experienced. From a membership of 227 more than 150 new members have been added to the fellowship.

Projecting our minds into the future, we can foresee greater and greater tasks and challenges, but we as members will continue to pray that our church family remain one of the friendliest and most faithful to God's cause. We ask that you will pray for us, and for our Pastor, that in the next and latter half of the year a gathering of yet a richer and more glorious harvest might be gathered in.

(MRS.) L. STERRETT, Clerk

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## Guest Speaker for Guelph Church

On Sabbath, August 1, the Guelph Seventh-day Adventist Church had as its guest speaker, Pastor E. E. Cumbo, Secretary of the Georgia-Cumberland Conference of S.D.A. His wife, the former

Meryle Peavoy, is the daughter of Pastor C. E. Peavoy, who recently retired as the pastor of the Guelph Church. They, with their three children are vacationing in Guelph with the Peavoy's. Timothy, son of Pastor Peavoy, delighted the worshippers with a guitar solo, "I believe in Miracles."

On Monday afternoon Sister Peavoy arranged a picnic to which all the Guelph members were invited. After the picnic a sacred concert was given primarily by the Cumbo children playing the piano and the guitar. The eldest daughter played a piano solo, "I'll Walk With God." A solo by Brother Samuel Johnson, and a duet by Brethren C. Harris and R. A. Wilson helped to give the audience a grand time.

We were also pleased to welcome some of our Kitchener members who enjoyed both the picnic and the concert. We wish the Cumbo's a pleasant stay in Guelph and a safe journey when they return to Georgia.

R. A. WILSON, P.R. Secretary

# Medical and Ministerial Personnel of Ontario-Quebec Assemble at Camp Frenda



Major George H. Lowes, (centre) Director of Public Affairs, for NORAD Air Defence Command, at North Bay, Ontario, addressed the Medical and Ministerial personnel of the Ontario-Quebec Conference, at Camp Frenda in August. Dr. F. A. Knutson, (left) and Pastor Philip Moores are discussing a pamphlet that the Major left for each one attending.



Dr. M. G. Hardinge, of the Loma Linda University School of Public Health, addressed the Medical and Ministerial personnel at Camp Frenda. He pointed out the importance of maintaining healthy bodies in order to withstand disease and serve God to a fuller capacity.

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## Church Booths at the Canadian National Exhibition

By L. R. KRENZLER, *Conference Public Relations Secretary*

When we do the work of the Lord we have the assurance that He will go before us to prepare the way. With today's emphasis on smoking and health, the temperance department felt that we needed to make more people aware of the help available to "kick the habit" through the Five-day Plan. What better place than the world's largest annual fair—the Canadian National Exhibition, Toronto, Ontario.

The cost of booths, 10' by 10' average \$400-600. The director of exhibit space suggested that we might cut costs by sharing a booth with the Canadian Council on Alcohol problems.

Six weeks previously, Don F. Aldridge, Temperance Secretary for the Ontario-Quebec Conference of the Seventh-day Adventist Church, had written to Mr. Reeve, Executive Director of the Council on Alcohol Problems, congratulating him on his recent appointment to this position. When Elder Aldridge called him regarding the booth, Mr. Reeve said he had just written a reply expressing his appreci-



Pastor D. F. Aldridge is seen at the right back holding up a mini-lung on which he has collected the tars and nicotine from one cigarette. This made a strong impression on the observers.

ation for the congratulations. He said that he had no objections to sharing a booth but was afraid that it would be a bit crowded. Mr. Reeve suggested that Pastor Aldridge might get space in the Queen Elizabeth building at the "Man and His Drugs" exhibit sponsored by the Council on Drug Abuse. Pastor Aldridge called the Council on Drug Abuse and explained his project. They said that they were choosing twenty-four organizations to

prepare exhibits and would give consideration to his request.

Pastor Aldridge asked our people at Camp Meeting in Oshawa to make this request an item of special prayer. A week later the request was granted. A large space, 10' by 20' was allotted to us at no charge.

Thousands of persons have seen the display. Many youth visit the booth as is seen by the picture, and many of them as

well as adults have signed up for the Five-day Plan to Stop Smoking. By the half-way mark, about 5,000 "Listen" magazines were given away. The Canadian Special of "Listen" is really appreciated. Over 500 have signed up for "Way-out" magazine.

Please continue to pray for Pastor Aldridge and his work in temperance that these efforts will bring much health, happiness and spiritual understanding.

## Also Represented at the CNE Was the Publishing Department

L. M. MOHNS, *Publishing Secretary*



Pictured are Philip Mansfield and Janet Ilchuk, in the Bible Story booth in the Shopper's Market, at the Canadian National Exhibition, Toronto, Ontario.

We have set up a booth again this year as a sort of tradition, and we are encouraged to try to make the Bible Story a household name, and to impress on the public mind that it is a

necessity and is a great blessing and inspiration to their home. The response is reasonably good and many have stopped by to say how much they have enjoyed and appreciated the books. May the Lord bless this avenue of advertising the blessed gospel story is our prayer.

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## Canadian Attends Music Camp at Andrews University



Among the academy and high school students who attended the Andrews University National Summer Music Camp from August 17 to 22, was one from the Canadian Union Conference. She is Wendy Pazitka from Oshawa, Ontario — sixth from left front row. (Photo by Kurt Ebeling)

**WAITED SEVEN LONG YEARS TO BE BAPTIZED**



Left to right — Pastor S. Gallant, Mrs. Mary Kurulak, Mrs. Mary Tuchiwsky, Pastor R. Jamieson.

"You may go to any other church, but you cannot go to the Seventh-day Adventist Church."

Mrs. Kurulak attended a few of the evangelistic meetings that were held at the Seventh-day Adventist Church. As she came home from the meeting one evening a peaceful feeling came upon her. (The Holy Spirit had impressed her heart.) She could not tell her husband because he was against her attending, so she kept it all to herself.

At the same time her sister-in-law attended the meetings, and asked to be baptized, so she too asked if she could be baptized. She knew that her sister-in-law was beaten every time she came home. As Mrs. Kurulak was reading her Bible at home her husband came in and took the Bible away and destroyed it. "Mary", he said, "you may go to any other church, but you cannot go to the Seventh-day Adventist Church." For years Mrs. Kurulak could not attend any more meetings or go to church.

One day as her mother was on her death bed, Mary told her of the peaceful feeling she had as she had attended the meetings. Her mother encouraged her by saying, "God help you, my child." Shortly after her mother passed away Mary visited Mrs. Tuchiwsky, a faithful Seventh-day Adventist neighbour. There for the second time she related the story of the feeling she had had and that her husband had taken away her Bible and forbade her to attend. Mrs. Tuchiwsky turned to Matthew 5:10 and read, "Blessed are they which are persecuted for righteousness sake, for theirs is the Kingdom of Heaven," and several other encouraging texts.

Mrs. Tuchiwsky gave her a Bible which she took home and hid away, and when no one was around she would secretly read her Bible. Once in a long while when no one was home, she visited with Mrs. Tuchiwsky and she would always encour-

age Mrs. Kurulak with texts from the Bible.

Seven years passed since she first wanted to be baptized, and in 1970 her husband passed away and for the first time she was able to go to the Seventh-day Adventist Church service on Saturday. She began to attend Sabbath School and church regularly and expressed her desire to be baptized. Pastor R. Jamieson and Pastor S. Gallant studied with Mrs. Kurulak and found her sincere in her desire to follow her Master. On June 27, 1970 Mrs. Kurulak was baptized and now is a faithful member of the Canora Seventh-day Adventist Church.

**BEN HORT**

*Canora Lay Activities Leader*

**CLEAR LAKE  
CAMP MEETING BAPTISM**



Left to right — Pastor H. Pawly, Brother and Sister George Quantrill, Trina Scheresky, Brother Alvin Scheresky.

The hearts of the members of the Estevan Church in Saskatchewan were made especially happy during the Clear Lake Camp Meeting when three new members were baptized into their church. Brother Alvin Scheresky, a layman of the Estevan Church, was largely responsible for these precious souls. Brother Scheresky visited and studied with Mr. and Mrs. George Quantrill of Carievale, bringing them the light of the last warning message.

When Pastor H. Pawly together with his associates, Pastor R. Jamieson and Miss Lorna Tkachuk, held a series of meetings in Glen Ewen, the Quantrills not only attended but gave some assistance in the meetings.

It was a cold, rainy Sabbath when the Quantrills and Miss Trina Scheresky, the daughter of Alvin Scheresky, were baptized in Clear Lake by Elder F. G. Grellmann, but it was a fitting climax to the spiritual Sabbath services.

**G. F. WILLIAMS**  
*PR Department*

**The "Way Out"**  
**Featured at**  
**Regina Exhibition**

Under the enthusiastic direction of Brother Bill Johnson, Lay Activities Leader, a highly successful *first time* witness was conducted by the Regina Church at the recent Provincial Exhibition. Dubbed as the WAY OUT exhibit by the local paper, the dangers of tobacco and drug use were vividly presented to the public.

The exhibit consisted of three parts with each part manned individually for six days from approximately 10 a.m. to 10 p.m. Smoking Millie led the exhibit and was most impressive as she visually



Smoking Millie.

demonstrated the dreadful results of tobacco smoke on the lungs. Hundreds of pieces of anti-smoking literature were taken by those present and in many cases, children were taking literature home for their smoking parents. Is it not written, "Out of the mouths of babes . . .?" The real concern of many of the smokers contacted is evidenced by the approximately 200 who left their names and addresses for the next Five-day Plan to stop smoking.

The second portion exhibited was the promotion of the new *Way Out* magazine.



1,800 subscriptions received for "Way Out" Magazine.

An excellent interest was shown as nearly 1800 subscriptions were taken. This undoubtedly indicates great desire for new answers to the old and new problems facing our young people today. May their copy of *Way Out* help them find their way out.

## Children's Divisions at the Saskatoon Camp Meeting



Tobacco and drugs under the sign of S.I.N.



Drugs—the creeping madness.

The third portion showing very good interest featured a comprehensive display of tobacco, pot, soft drugs, hard drugs and most of the more common poisons. Several individuals requested display kits like those exhibited in order to do similar educational work in their own areas. It was at this display after a profound discourse on the deadliness of the poison, nicotine, that a package of cigarettes mysteriously appeared on the table as the audience moved away.

This was the first such exhibit in the Regina area and although results have been more than was hoped for, it is expected that the experience gained plus continued support of our people and the blessing of God, will produce even greater results next year.

R. RAMSAY

*PR Secretary, Regina SDA Church*



Junior Division



Primary Division



Cradle Roll and Kindergarten Department

## Publishing Department Booth At the Calgary Stampede



The Calgary Stampede marked another opportunity for evangelism through the Publishing Department booth. The booth was attractively arranged and taken care of by the Publishing Department and the Literature Evangelists of Alberta.

The theme of the booth was Christ's second coming and the display was built around the picture that Billy Graham used at the World's Fair. This picture was blown up to 70 x 35. The backdrop of the booth was an attractive, deep red velvet which brought out the colours of the picture beautifully. Directly below the picture was a set of the Bible Stories on a velvet-covered turntable. This of course attracted attention and resulted in the sale of several of these sets. The picture itself was animated by the use of electrical wiring using a 37-second cycle. The cycle started with a spotlight on Christ which drew backwards, revealing the cloud of angels, giving the appearance of Christ's coming forward in reality. Also, there were different coloured lights illuminating various other parts of the picture: the waves of the sea, the earthquake, people coming out of their graves, and the lightning flashing. As this faded out at the end of the cycle, spotlights came on the two side walls of the booth revealing gold lettering which read on one side: The Home Health Education Service presents "The Bible Story", and on the other side it read, Another Community Service by the Seventh-day Adventists.

The results of this attractive booth were very rewarding. Three hundred *Signs, Life and Health*, and *Listen* magazines were distributed along with several thou-

sand tracts. Many Bible course enrollments were given in Faith for Today and Voice of Prophecy lessons; also, there were many questions about the second coming of Christ. Our hope is that the booth and the message it relayed will be remembered by all who saw it. We may never know the final far-reaching results.

D. R. SUDDS

Pub. Sec., Alta. Conf.

## British Columbia —

### Physical Fitness Programme — Hope Camp Meeting

*"Since the mind and soul find expression through the body, both mental and spiritual vigour in a great degree are dependent upon physical strength and activity. Whatever promotes physical health promotes development of a strong mind and well balanced character. Without health no one can as distinctly understand or as completely fulfil his obligations to himself, to his fellow beings, or to his Creator; therefore health should be as faithfully guarded as the character."*

— EDUCATION, page 195.

At our Camp Meeting at Hope this year emphasis on health was presented by Dr. Charles Thomas and Dr. Albert Sanchez from Loma Linda University. Dr. Thomas conducted a physical fitness testing laboratory, and Dr. Sanchez presented the nutritional aspect of health.

On every day but Sabbath, the physical fitness programme was extremely busy, with an exercise session starting at 6:00

in the morning. The testing programme began usually at 8:30 a.m. and proceeded with very little break until 5:00 in the afternoon. We were sorry that there just was not enough time for everyone.

Actual measurement and testing included the blood pressure, skinfold test, right and left hand measurement, and breathing obstruction test.



Heart rate was indicated at this station.



Handgrip strength testing. Left to right — Richard Thorpe and Gerhardt Klein.

At the last station of the testing programme people taking the test had electrodes attached and were connected to an electrocardiograph machine. This machine recorded the heart's response to the exercise each received on a treadmill. Each person taking the test was given an interview usually with Dr. Thomas. A personalized physical fitness programme was then suggested.

Dr. Sanchez tailored his health discussion especially for young people. Many of the problems of young people were shown to be directly the result of their diet.

We wish to thank Dr. Thomas, Dr. Sanchez, and all those who assisted with the health programme.

WENDELL K. DANIELSON, D.D.S.

Secretary, Health Department

**THIS TOO WILL PASS AWAY**

*When some great sorrow, like a mighty river,*

*Flows through your life with peace destroying power,*

*And dearest things are swept from sight forever,*

*Say to your aching heart each trying hour,*

*"This too, this too, will pass away."*

*When ceaseless toil has hushed your song of gladness*

*And you have grown almost too tired to pray,*

*Let this truth banish from your heart its sadness,*

*And ease the burden of each trying day:*  
*"This too, this too, will pass away."*

*When fortune smiles and full of mirth and pleasure*

*The days are flitting by without a care,*

*Lest you should rest with only earthly treasure,*

*Let these few words their fullest import bear:*  
*"This too, this too, will pass away."*

*When earnest labour brings you fame and glory,*

*And all earth's noblest ones upon you smile,*

*Remember that life's longest, grandest story,*

*Fills but a moment in earth's little while:*  
*"This too, this too, will pass away."*

*Thank God that earthly things are not forever,*

*Thank God, eternal life is free today;*

*That joy and peace and gladness reign-eth ever,*

*And bliss supreme shall never, never pass away.*

\* \* \*

**Look Out Hobgoblins! Here Come the Pathfinders!**

The hobgoblins of *poverty, hunger and want* had better watch out for 10,000 boys and girls who are members of the Pathfinder Clubs of North America are out to get them! Again on Halloween evening door bells will be ringing from community to community as uniformed Pathfinders will be "riding the broom-

sticks" to gather in treats for the needy and leave special Halloween Share Your Faith tracts with their neighbours.

It is a wonderful project which last year was again, as in previous years, a great success. Last year 8,713 Pathfinders spent 5,530 hours collecting 243,320 cans of food, 37,864 articles of clothing and \$3,200.94 in cash for needy persons. With some of this food they made up nearly 6,000 food baskets to distribute at Thanksgiving and Christmas time.

The special 1970 Halloween TREATS FOR THE NEEDY leaflets are now available from your local conference MV department for only \$8.75 per thousand. Pathfinder directors — get your order off at once and make 1970 the greatest year ever to banish those unwanted hobgoblins!

JOHN HANCOCK  
World Youth Director

**ADVERTISEMENTS**

Rates: Per issue, 40 words or less, \$3.00; each additional word, eight cents. Display Advertising, \$4.00 per inch. No advertising will be accepted unless cash accompanies copy. Send all advertisements to your conference office for approval.

"No responsibility can be accepted for any misrepresentation or dissatisfaction arising from any advertisement."

**A BOON TO GARDENERS**—The long-awaited Mittleider scientific method of food production in textbook form, **FOOD FOR EVERYONE**, is now available. Written in layman's language, this scientific book contains 608 pages (7 x 10) with 1,000 illustrations, 200 in full colour. Hard-bound, 4-colour, laminated cover. Only \$15.95 plus 75c shipping (Total \$16.70). Washington residents, add 84c. Send cheque or money order to College Press, Box 578, College Place, WA 99324. 44-18, 19

**POSITION AVAILABLE**  
Executive Housekeeper  
Rest Haven Hospital

Qualifications:

- Grade 12 education
- Organizing and leadership ability
- Membership in the National Executive Housekeepers Association, or the capability to attain it.

Apply in writing to:

The Administrator  
Rest Haven Hospital  
Sidney, B.C.

48-19

**WANTED**—Adventist family looking for ranching opportunity. Would like to rent or operate ranch (cattle or sheep) in or near the mountains. Please reply to: Box 1503, Lacombe, Alberta. 46-19

**WANTED**—Sales and service representative in B.C. for electronic moisture detector for wood products. Possibility of setting up your own business with our products line. 47-19, 20

**HOUSEKEEPER WANTED** — Couple middle-aged, require mature lady as housekeeper and companion. Wife in wheelchair. Small home, light duties, own comfortable private living quarters. Plenty of food and small cash remuneration. Lots of free time. Good permanent home for right person. Write Mrs. E. Holloway, 120 Northwood Drive, Willowdale 442, Ontario. 50-19

**WANTED**—Pensioner, help with light chores, gardening, animals. **COUPLE WELCOME**. Mrs. Margaret Reise, Box 75, Trout Creek, Ontario. 49-19

Please send "Messenger" material to your conference editor who in turn will forward it to **CANADIAN UNION MESSENGER**.

**Conference Editors**

BRITISH COLUMBIA —	W. W. Rogers
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